

EDUCATION

University of Kansas, Ph.D., 2006, Clinical Psychology, Health Specialization (APA Approved)
Dissertation: Hope for coping with the urge to smoke: A laboratory-based study

University of Kansas, M.P.H., 2005, Public Health
Thesis: Development of a body image instrument among urban African Americans

University of Kansas, M.A., 2002, Clinical Psychology
Thesis: Validation of the Sense of Duty scale: A confirmatory factor analysis

Midwestern State University, M.A., 1997, Psychology
Thesis: The relationship of academic cheating to college classroom environment

Westmont College, B.A., 1994, Psychology

PROFESSIONAL POSITIONS

2019-present Professor
California State University San Marcos, Department of Psychology

2014-2019 Associate Professor
California State University San Marcos, Department of Psychology

2008-2014 Assistant Professor
California State University San Marcos, Department of Psychology

2006-2008 Postdoctoral Fellow
University of California, San Diego, Moores Cancer Center; California Smokers' Helpline

2001-2005 Graduate Research Associate
University of Kansas Medical Center, Dept of Preventive Medicine & Public Health

2000-2002 Graduate Research Assistant
University of Kansas, Research and Training Center on Independent Living

1998-1999 Project Director
University of Kansas, Center for Research on Learning

1997-1999 Research Assistant
University of Kansas, Department of Psychology and School of Education

HONORS AND AWARDS

- 2024 **Exceptional Level of Service to Students Award**
California State University San Marcos
- 2022 **CSUSM Nominee for the CSU Wang Family Excellence Award in Outstanding Faculty Scholarship**
- 2020 **Grant-Related Instructional Faculty (GRIF) Appointment**
California State University San Marcos
- 2017 **Kerri Mowen Excellence in Faculty Mentoring Award**
California State University San Marcos
- 2016 **Exceptional Level of Service to Students Award**
California State University San Marcos
- 2012 **Distinguished Service Learning Faculty Award**
California State University San Marcos
- 2010 **Early Career Poster Session Travel Award**
National Institute on Drug Abuse (NIDA)
- 2005 **Master of Public Health Thesis Honors**
University of Kansas
- 2005 **C. R. Snyder Award in Positive Psychology**
University of Kansas
- 2005 **Mentor Fund Graduate Student Paper Presenter Travel Award**
University of Kansas
- 2004 **B. Kent Houston Award for Excellence in Health Psychology**
University of Kansas (Co-Recipient)
- 2003 **Certificate of Merit for Excellence in Public Service**
American Psychological Association, Division 18 (Psychologists in Public Service)
- 2003 **Student Travel Award**
American Legacy Foundation and the Society for Research on Nicotine and Tobacco Special Populations Committee
- 2003 **Graduate Student Travel Scholarship**
University of Kansas Medical Center

- 2002 **Graduate Student Paper Presenter Travel Award**
University of Kansas
- 1997 **Woman of the Year Finalist**
Midwestern State University
- 1995 **Psi Chi National Honor Society in Psychology**
Midwestern State University
- 1994 **Cum Laude**
Westmont College

RESEARCH ACTIVITIES

Grants

External Grants - Active

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|---|--------------|--------------------------------------|
| National Institute of Health
5R16GM145553-03 | Pulvers (PI) | \$400,000 Direct
8/1/22-7/31/26 |
| Behavioral Economic Demand for Cannabis and Tobacco among Young Adult Dual Users
This project will produce a host of novel data to understand behavioral economic demand for cannabis and tobacco among young adult dual users, which is critical to progress in preventing and treating dual use among a high-risk group. This study will produce the first prospective investigation of behavioral economic demand for cannabis and tobacco (cigarettes and/or e-cigarettes) over one year (Aim 1), the first evaluation of demand as an antecedent of dual tobacco and cannabis product use and characterization of the relative contributions of demand indices for each substance to behavioral health sequelae of use (Aim 2), and the first model testing whether demand for cannabis and tobacco mediates a link between social cognitive theory-based factors and cannabis and tobacco use (Aim 3). | | |
| Tobacco-Related Disease Research Program
T32IR4972 | Pulvers (PI) | \$900,000 Direct
7/1/22-6/30/26 |
| Modifying Tobacco and Cannabis Waste Perceptions and Behaviors: A Randomized Controlled Trial
This study will fill a significant void in the developing literature on knowledge and perceived harm of e-cigarette and cannabis product waste, an integral component of the tobacco endgame. This will be the first randomized controlled trial to modify perceptions and behavior related to tobacco, e-cigarette, and cannabis waste (TECW). Interventions to increase non-criminalized, policy enforcement behavior will advance the endgame in an equitable framework. | | |
| Tobacco-Related Disease Research Program
T32SR4917 | Pulvers (PI) | \$1,150,000 Direct
3/1/22-2/28/26 |
| CSUSM/UCSD Smoke and Vape Free Scholars Program for Reducing Tobacco Disease in Diverse Communities | | |

Combating tobacco industry tactics requires mobilizing individuals with the dedication, training, and enthusiasm to help correct tobacco related disparities in their communities. CSU San Marcos (CSUSM) has partnered with UC San Diego (UCSD) to create the premier CSUSM-UCSD Smoke and Vape Free Scholars Initiative Program (SVFSIP) for Reducing Tobacco Disease in Diverse Communities. The CSUSM-UCSD SVFSIP will fill a critical gap as the first student training program devoted to tobacco control/advocacy and will leverage existing student training program infrastructure at CSUSM including long-term evaluation resources.

National Institute of Health
1R01MD018123-01A1 Nollen (PI) 5/14/22-2/28/27

4th Generation E-cigarettes in African American Smokers: Reducing Harm and Quitting Combustible Cigarettes in Dual Users

This randomized controlled trial will test whether 1) short-term changes in e-cigarette use patterns are maintained long-term, 2) short-term changes in e-cigarette use patterns are associated with long-term reductions in exposure to harmful and potentially harmful toxicants, or their risk of developing health problems, and 3) varenicline can facilitate cigarette abstinence among dual users, thereby increasing the proportion of smokers who experience the harm reduction potential of exclusive EC use.

Role: Consultant

Tobacco-Related Disease Research Program Homer & Lui (Co-PIs)
Community-Partnered Participatory Research Pilot 7/1/25-6/30/27

Building Comprehensive Tobacco Control Services in California Community Colleges

This study will identify tobacco use and co-use patterns among CA CC students, and develop a student-centered process to screen and intervene across these substances.

Role Mediator

External Grants – Pending

Tobacco-Related Disease Research Program \$1,150,000 Direct
T36SR10343 Pulvers (PI) 7/1/26-6/30/30

Research & Action for Community Health (REACH): CSUSM/UCSD Smoke and Vape Free Scholars Program

This program aims to deliver an evidence-based, 2-year training program to 15 CSUSM students who are committed to improving health in the culturally rich Southern California. Participation in the CSUSM/UCSD SVFSIP is expected to produce professionals with confidence, skills, and commitment to reduce tobacco use and disease in the region. Sustaining this successful program, first offered from 2022 to 2026, will continue to produce emerging tobacco control scholars and community health champions.

Tobacco-Related Disease Research Program \$1,000,000 Direct
Colbert & Pulvers (Co-PIs) 7/1/26-6/30/28
T36CR10755

T36CR10755

Co-Creating an Intervention to Reduce Tobacco Use in East San Diego’s Marginalized Communities

This Community-Partnered Participatory Research Pilot study will 1) Develop a new cross-county community-academic team partnership; 2) Co-create a community-driven needs assessment and gather preliminary data to develop a youth-led intervention to reduce tobacco use in East San Diego County’s high need communities, and 3) Build intervention components and identify methods and tools to assess aims developed for a full Community-Partnered Participatory Research Award through our new partnership.

External Grants – Completed

National Institute of Health
 1R01CA215155-01A1 Berg (PI) 12/7/17-11/30/22
 Regulatory Impact on Vape Shops and Young Adults’ Use of ENDS
 This study examines the impact of regulation and place characteristics on vape shop survival, marketing, and point-of-sale practices and the impact of these factors on young adult ENDS use over time in 6 metro areas; these data are critical in informing future ENDS-related regulation.
 Role: Consultant

National Institute of Health \$300,000 Direct
 1SC3GM122628 Pulvers (PI) 9/15/17-7/31/22
 Toxicant Exposure and Harm Perceptions in Cigarette Smokers
 This study will address a critical gap in the research regarding a major public health issue – use of electronic cigarettes by smokers. The long-term objective of the proposed work is to reduce the disease burden of tobacco use. The current line of research investigates the effects of electronic cigarette use on toxicant exposure and cognitive-perceptual variables linked with long-term tobacco use.
 Role: PI

Tobacco-Related Disease Research Program \$204,627 Direct
 28IP-0022S Oren (PI) 7/1/18-6/30/22
 A Randomized Cross-over Clinical Trial of Unfiltered Cigarettes
 This study will provide evidence of the impact of switching smokers to unfiltered cigarettes on smoking behavior and toxicant exposure.
 Role: Site PI and Co-I

Tobacco-Related Disease Research Program \$400,000 Direct
 27IP-0041 Pulvers (PI) 4/1/18-3/31/22
 Tracking Tobacco Waste to Increase College Policy Engagement and Compliance
 The goal of this research is to address the critical problem of engaging campus communities with their smoke and tobacco free (STF) policy and creating a culture which supports and enforces the policy. The long-term objective of this research is to strengthen compliance with college STF policies and reduce environmental tobacco waste. The study aims to develop and pilot tracking tools to be tested in a subsequent randomized controlled trial with a full sample of CA colleges and universities with 100% STF policies.
 Role: PI

Tobacco-Related Disease Research Program \$55,000 Direct

27IP-0041 Pulvers (PI) 4/1/21-3/31/22
Administrative Supplement: Tracking Tobacco Waste to Increase College Policy Engagement and Compliance

The aim of the supplement is to develop a dashboard for displaying results and streamline data cleaning through a Python script.

U.S. Department of Health and Human Services \$148,570 Direct
HHS-2015-ACF-OFA-FK-0993 Sañudo (PI) 9/30/15-9/29/20

New Pathways for Fathers and Families: The Dad's Club

This program serves 800 low-income fathers in North San Diego County, with a focus on young fathers of color. The primary objectives are to improve family functioning and well-being.

Role: Measurement/Evaluation Lead

National Institute of Health \$129,474 Direct
5R01CA190347-02 Strong and Pierce (PIs) 8/1/16-3/31/20

The Effect of Packaging on Smoking Perceptions and Behavior: A Randomized Trial

This randomized clinical trial addresses two critical areas identified by the FDA: the impact of cigarette packaging and labeling on consumer perceptions and on smoking behavior; and the effectiveness of graphic warning labels on communicating risk of tobacco products. The aim is to provide some of the substantial evidence that Judge Jones required in finding against the FDA packaging regulations.

Role: Co-I and Site PI

California Tobacco Control Program \$5,000 Direct

University of California (UC) Smoke/Tobacco-Free Policy Compliance Intervention Program

California Youth Advocacy Network (PI) 1/5/18-6/30/18

The objective of this program is to identify effective educational-based approaches that increase smoke/tobacco-free policy compliance.

Role: Site PI

American Cancer Foundation Pulvers (PI) \$20,000 Direct

Cougar Clean: Kicking Toxic Butts Off Campus at Cal State San Marcos 10/1/16-9/30/17

This project supports implementation of a 100% smoke/tobacco-free college campus policy.

Four primary objectives include forming an implementation task force, evaluation tobacco-related issues, educating and engaging the campus community about the policy, and addressing tobacco cessation.

Role: PI

National Institute of Health
R15 MH099498 D'Anna-Hernandez (PI) 01/15/14-1/14/17

Acculturation, Mood and Stress Response in Mexican-American Mother/Infant Dyads

This project examines the association between acculturation (process of one culture adopting the norms of a majority culture), prenatal mental health, and subsequent stress vulnerability in infants in the US Mexican population

Role: Consultant

National Institute of Health \$15,800 Direct
5U01CA154280-004 Zhu (PI) 07/01/14-06/30/15
E-cigarette Use among College Students and the Effects of Different Campus Policies
The goal of this project was to establish the prevalence of electronic cigarette and other tobacco product use, and identify attitudes and beliefs toward these products among first and second year college students.
Role: Site PI

American Legacy Foundation Sponsored Project Novotny (PI) \$5,100 Direct
Randomized Cross-Over Trial of Unfiltered Cigarettes 04/01/14-03/31/15
The goal of this project was to demonstrate the feasibility of a randomized cross-over trial of unfiltered cigarettes testing the effect on smoking behavior and toxic exposure.
Role: Site PI

Internal Grants - Completed

2019, CHABSS Faculty Development Grant, California State University San Marcos, Presenting Tobacco Control Research, \$1,500

2019, Research and Creative Activity Award, *Levels of Influence in Tobacco and Cannabis Use among U.S. Adolescents and Young Adults*, \$7,000

2017, Faculty Center Professional Development Grant, California State University San Marcos, *Presenting Electronic Cigarette Study Conference Paper*, \$750

2017, CHABSS Faculty Development Grant, California State University San Marcos, *Presenting Electronic Cigarette Study Conference Paper*, \$1,000

2017, Office of Graduate Studies and Research Grant Writing Bootcamp, \$4,500

2017, Community Engagement Grant, California State University San Marcos, *Evaluating Vista Community Clinic Project REACH, Youth Development Program for Teens, Program Year 2016-2017*, \$5,000

2016, University Professional Development Grant, California State University San Marcos, *Risk and Resilience Factors for Stress Reactivity among Hispanic and non-Hispanic Whites*, \$4,500

2015, Faculty Center Professional Development Grant, California State University San Marcos, *Presenting Electronic Cigarette Study Conference Paper*, \$750

2015, CHABSS Faculty Development Grant, California State University San Marcos, *Presenting Electronic Cigarette Study Conference Paper*, \$1,000

2015, Faculty Center Professional Development Award, California State University San Marcos, *Presenting Tobacco Research*, \$750

2015, CHABSS Faculty Development Grant, California State University San Marcos, *Presenting Tobacco-related Health Disparities Paper*, \$1,050

2015, Community Engagement Grant, California State University San Marcos *Evaluating Vista Community Clinic REACH Program*, \$5,000

2015, University Professional Development Grant, California State University San Marcos, *Publication of Adolescent Substance Use Behaviors Study*, \$5,200

2015, Office of Graduate Studies and Research Grant Writing Bootcamp, \$4,500

2014, University Professional Development Award, California State University San Marcos, *Stress Reactivity and Health among Latinos and non-Latino Whites*, \$5,000

2014, Grant Proposal Seed Money Award, California State University San Marcos, *Electronic Cigarette Trial Pilot*, \$3,000

2013, University Professional Development Award, California State University San Marcos, *Publication of Distress Tolerance and Health Risk Behaviors Study*, \$5,250

2013, Chancellors Doctoral Incentive Program Scholar Development Mini-Grant, *Presenting at Society of Behavioral Medicine Conference*, \$1,000

2013, Faculty Center Professional Development Award, California State University San Marcos, *Presenting Health Psychology Research*, \$883

2013, Faculty Center Professional Development Award, California State University San Marcos, *Presenting Tobacco Research*, \$500

2013, CHABSS Faculty Development Grant, California State University San Marcos, *Presenting at Society for Nicotine and Tobacco Research Conference*, \$1,200

2012, University Professional Development Award, California State University San Marcos, *Publication of African American Adult Norms for a Culturally Relevant Body Image Scale*, \$5202

2012, Grant Proposal Seed Money Award, California State University San Marcos, *Tobacco Use among California Migrant Workers*, \$3000

2012, CHABSS Faculty Development Grant, California State University San Marcos, *Recruiting for Community-based Health Study*, \$1,200

2011, University Professional Development Award, California State University San Marcos, *Using a Social Norm Approach to Change Pain Tolerance*, \$5,202

2010, University Professional Development Award, California State University San Marcos, *Using a Social Norm Approach to Change Distress Tolerance*, \$1,982

2010, Faculty Center Professional Development Award, California State University San Marcos, *Social Norms and Distress Tolerance*, \$750

2010, CoAS Faculty Development Grant Award, California State University San Marcos, *Pain Tolerance and Smoking Cessation*, \$475

2009, Grant Proposal Seed Money Award, California State University San Marcos, *Establishing Norms for a Pain Intervention Study with Smokers*, \$3,000

2008, University Professional Development Award, California State University San Marcos, *Pathways to Adaptive Pain Coping Strategies for Smokers: A Pilot Study*, \$4,000

Publications

* indicates student co-authors

Peer-Reviewed Articles

80. **Pulvers, K.**, *Nordskog, A.B., Shearer, H., *Smith, C., Stewart, S., Novotny, T., & Tong, E. (2025). Modifying tobacco and cannabis waste perceptions and behavior among young adults Protocol for a randomized controlled trial. *JMIR Research Protocols*, 14, e79525. [doi:10.2196/79525](https://doi.org/10.2196/79525)
79. *Tran, K., *Oca, Z., *Lopez, M., *Orea, J., *Trodden, M., *Orozco, K., *Alarcon, A., DeLuca Bishop, H., Stewart, S., & **Pulvers, K.** (2025). Association between age of first cannabis use, anxiety and depressive symptoms, and cannabis dependence by sex among U.S. young adults. *Psychiatry Research Communications*, 5, 100228

78. Zhu, Z., *Cruz, S., Khin, Myo Khin, T.N., Shi, Y., McMenamin, S.B., Armenta, R.F., **Pulvers, K.**, & Trinidad, D.R. (2025). Diverging patterns of educational disparities among cannabis users and cigarette smokers. *American Journal of Preventive Medicine Focus*.
77. *Orea, J., DeLuca Bishop, H.K., **Pulvers, K.** (2025). Association between distress tolerance and cannabis dependence is stronger among U.S. young adults who identify as Hispanic and non-Hispanic Black. *Addictive Behavior Reports*, 22, 100616
76. **Pulvers, K.**, *Jamalian, N., *Suh, E., *Faltaoos, P., Stewart, S., & Aston, E. R. (2024). Nicotine and cannabis routes of administration and dual use among U.S. young adults who identify as Hispanic, non-Hispanic Black, and non-Hispanic White. *Preventive Medicine Reports*, 48, 102912.
75. Appolon, G.E., Oren, E., **Pulvers, K.**, Romero, D.R., Hoh, E., Dodder, N.G, Wong, J., Nynas, K., Tracy, L., Lemus, H., & Novotny, T.E. (2024). Changes in urinary tobacco-specific nitrosamine and cotinine after switching from filtered to unfiltered cigarette smoking. *Tobacco Control*.
74. Romero, D.R., Appolon, G., Novotny, T., **Pulvers, K.**, Tracy L., Satybaldiyeva, N., Magraner, J., & Oren, E. (2024). Switching people who smoke to unfiltered cigarettes: Effects on smoking topography. *Addictive Behaviors Reports*.
73. *Lee, S., Maglalang, D., Avila, J., Leavens, E., Nollen, N., **Pulvers, K.**, Ahluwalia, J.S. (2023). Change in e-cigarette risk perception and smoking behavior of Black and Latinx individuals who smoke. *Drug and Alcohol Dependence*.
72. Pierce, J. P., Kealey, S., Leas, E. C., **Pulvers, K.**, Stone, M. D., Oratowski, J., ... & Strong, D. R. (2022). Effect of graphic warning labels on cigarette pack-hiding behavior among smokers: The CASA randomized clinical trial. *JAMA Network Open*, 5(6), e2214242-e2214242.
71. Leavens, E.L.S., Nollen, N., Ahluwalia, J.S., Mayo, M., *Rice, M., Brett, E.L., & **Pulvers, K.** (2022). Changes in dependence, withdrawal, and craving among adult smokers who switch to nicotine salt pod-based e-cigarettes. *Addiction*, 117(1), 207-215.
70. **Pulvers, K.**, *Rice, M., Stewart, S. L. R., & Tong, E. (2022). Tobacco Tracker: A new tool to support college smoke and tobacco free policies. *Nicotine and Tobacco Research*, 24(2), 241-249.
69. **Pulvers, K.**, Tracy, L., Novotny, T., *Satybaldiyeva, N., *Hunn, A., Romero, D., Dodder, N., *Magraner, J., & Oren, E. (2022). Switching people who smoke to unfiltered cigarettes: Perceptions, addiction, and behavioral effects in a cross-over randomized controlled trial. *Tobacco Control*, 32(4), 520-523.
68. *Rice, M., Nollen, N.L., Ahluwalia, J.S., Benowitz, N., Woodcock, A., **Pulvers, K.** (2022). Effects of marijuana use on smokers switching to e-cigarettes in a randomized clinical trial. *Nicotine and Tobacco Research*, 24(7), 994-1002.
67. Stone, M.D., Dimofte, C.V., Strong, D.R., **Pulvers, K.**, Crespo, N.C., Leas, E.C., & Pierce, J.P. (2023). Evaluating US smokers' willingness to pay for different cigarette packaging designs before and after real-world exposure in a randomized trial. *Tobacco Control*, 32(6), 689-695.

66. Nollen, N.L., Leavens, E.L., Ahluwalia, J.S., *Rice, M., Mayo, M.S., & **Pulvers, K.** (2023). Menthol versus non-menthol flavoring and switching to e-cigarettes in black and Latinx adult menthol combustible cigarette smokers: secondary analyses from a randomized clinical trial. *Tobacco Control*, 32(6), 786-789.
67. Stone, M.D., Strong, D.R., Dimofte, C., Brighton, E., Oratowski, J., Yang, T., Alkuzweny, M., Asslani, A., Velsasco, K., Skipworth, M., Crespo, N.C., Hurst, S., Leas, E.C., **Pulvers, K.**, Pierce, J.P. (2023). Role of affective reactivity induced by cigarette packaging including graphic warning labels: The CASA study. *Tobacco Control*, 32(3), 315-322.
65. **Pulvers, K.**, Correa, J., Krebs, P., *Marez, C., Doran, N., & Myers, M. (2021). JUUL e-cigarette quit attempts and cessation perceptions in college student JUUL e-cigarette users. *American Journal of Health Promotion*, 35(5) 624-632.
64. Berg, C. J., Duan, X., Romm, K., **Pulvers, K.**, Le, D., Ma, Y., Krishnan, N., Abrams, L. C., Getachew, B., & Henriksen, L. (2021). Young adults' vaping, readiness to quit, and recent quit attempts: The role of co-use with cigarettes and marijuana. *Nicotine and Tobacco Research*, 23(6),1019–1029.
63. Berg, C.J., Duan, X., Getachew, B., **Pulvers, K.**, Crawford, N.D., Sussman, S., Ma, Y., Jones-Harwell, C., & Henriksen, L. (2021). Young adults' e-cigarette use and exposure to e-cigarette retail across 6 US metropolitan areas. *Tobacco Regulatory Science*, 7(1), 59-75.
62. *Arnold, M.J., Nollen, N.L., Mayo, M.S., Ahluwalia, J.S., Leavens, E.L., Zhang, G., *Rice, M., & **Pulvers, K.** (2021). Harm reduction associated with dual use of cigarettes and e-cigarettes in Black and Latino smokers: Secondary analyses from a randomized controlled e-cigarette switching trial. *Nicotine and Tobacco Research*, 23(11), 1972-1976. <https://doi.org/10.1093/ntr/ntab069>
61. Strong, D.R., Pierce, J.P. **Pulvers, K.**, Stone, M.D., Villaseñor, A., Pu, M., Dimofte, C.V., Leas, E.E., Oratowski, J., Brighton, E., Hurst, S., Kealey, S., Chen, R., & Messer, K. (2021). Effect of graphic warning labels on cigarette packs on US Smokers' cognitions and 2 smoking behavior after 3 months: a randomized clinical trial. *JAMA Network Open*, 4(8):e2121387. doi:10.1001/jamanetworkopen.2021.21387.
60. *Rubenstein, D., Sokolovsky, A.W., Aston E.R., Nollen, N.L., Schmid, C.H., *Rice, M., **Pulvers, K.**, & Ahluwalia, J.S. (2021). Predictors of smoking reduction among African American and Latinx smokers in a randomized controlled trial of JUUL e-cigarettes. *Addictive Behaviors*, 122, 107037
59. *Loureiro, S., **Pulvers, K.**, Gosdin, M., Clift, K., *Rice, M., & Tong, E. (2021). The development of an online tobacco tracker tool to crowdsource campus environmental reports for smoke and tobacco free college policies: A mixed methods study. *Journal of Medical Internet Research*, 23(10), e26280.
57. Romero, D.R., **Pulvers, K.**, *Carter, E., *Barber, C., *Satybaldiyeva, N., Novotny, T.E., & Oren, E. (2021). Naturalistic topography assessment in a randomized clinical trial of smoking unfiltered cigarettes: Challenges, opportunities, and recommendations. *International Journal of Environmental Research in Public Health*, 18(22), 11857
56. **Pulvers, K.**, *Rice, M., Ahluwalia, J.S., *Arnold, M., *Marez, C., & Nollen, N. (2021). "It is the one thing that has worked:" Facilitators and barriers to switching to pod e-cigarettes among African American and Latinx people who smoke: A content analysis. *Harm Reduction Journal*, 18:98 <https://doi.org/10.1186/s12954-021-00543-y>

55. Berg, C.J., Barker, D.C., Meyers, C., Weber, A., Park, A.J., Patterson, A., Dorvil, S., Fairman, R.T., Huang, J., Sussman, S., Livingston, M.D., Wagener, T.L., Hayes, R.B., **Pulvers, K.**, Getachew, B., Schleicher, N., & Henriksen, L. (2021). Exploring the point-of-sale among vape shops across the US: Audits integrating a mystery shopper approach. *Nicotine and Tobacco Research*, 23(3), 495–504.
54. Berg, C.J., Barker, D.C., Sussman, S., Getachew, B., **Pulvers, K.**, Wagener, T.L., Hayes, R.B., & Henriksen, L. (2021). Vape shop owners/managers' opinions about FDA regulation of e-cigarettes. *Nicotine and Tobacco Research*, 23(3), 1-8. doi: 10.1093/ntr/ntaa138.
53. Stone M. D., Dimofte, C. V., Strong D. R., Villasenor, A., **Pulvers, K.**, Messer, K., & Pierce, J. P. (2021). Tool to assess appeal-aversion response to graphic warning labels on cigarette packs among US smokers. *Tobacco Control*, 30(3), 312-319.
52. Madrigal, L., Hamill, S. B., Romero, D., & **Pulvers, K.** (2020). Examining the psychometric properties of the Mental Toughness Scale in high school athletes. *Journal of Sport Behaviors*, 43(3), 333-351.
51. Pierce, J.P., Strong, D.R., Stone, M.D., Villasenor, A., Dimofte, C.V., Leas, E.C., Oratowski, J., Brighton, E., Hurst, S., **Pulvers, K.**, Kealey, S., Chen, R., & Messer, K. (2020). Real-world exposure to graphic warning labels on cigarette packages in US smokers: The CASA randomized trial protocol. *Contemporary Clinical Trials*.
50. Berg, C.J., Getachew, B., **Pulvers, K.**, Sussman, S., Wagener, T.L., Meyers, C., Park, A., Patterson, A., Weber, A., Hayes, R.B., Barker, D.C., & Hendriksen, L. (2020). Vape shop owners'/managers' attitudes about CBD, THC, and marijuana legal markets. *Preventive Medicine Reports*. doi: 10.1016/j.pmedr.2020.101208.
49. **Pulvers, K.**, Nollen, N.L., *Rice, M., Schmid, C.H. *Qu, K., Benowitz, N.L., & Ahluwalia, J.S. (2020). Carcinogen exposure from pod e-cigarettes vs. cigarettes among African American and Latinx smokers: A randomized clinical trial. *JAMA Network Open*, 3(11), e2026324-e2026324. doi:10.1001/jamanetworkopen.2020.26324
48. Oren, E., **Pulvers, K.**, Romero, D., *Barber, C., *Carter, E., & Novotny, T. (2020). Design and methods of a randomized cross-over clinical trial of unfiltered cigarettes on smoking behavior and toxicant exposure: Study protocol for a randomized cross-over clinical trial. *Trials*.
47. Doran, N., Myers, M.G., Correa, J., Tully, L., Strong, D.R., & **Pulvers, K.** (2019). Marijuana use among young adult non-daily cigarette smokers over time. *Addictive Behaviors*, 95, 91-97.
46. Strong, D.R., Myers, M.G. **Pulvers, K.**, Noble, M., Brikmanis, K., & Doran, N. (2018). Marijuana use among U.S. tobacco users: Findings from Wave 1 of the Population Assessment of Tobacco Health (PATH) study. *Drug and Alcohol Dependence*, 186, 16-22.
45. **Pulvers, K.**, Cupertino, A. P., Scheuermann, T. S., Cox, L. S., Ho, Y., Nollen, N. L., *Cuellar, R., & Ahluwalia, J. S. (2018). Daily and nondaily smoking varies by acculturation among English-speaking, U.S. Latino men and women. *Ethnicity and Disease*, 28, 105-114.
44. **Pulvers, K.**, *Ridenour, C., Woodcock, A., *Savin, M., *Holguin, G., Hamill, S., & Romero, D. (2018). Marijuana use among adolescent multiple tobacco product users and unique risks of dual tobacco and marijuana use. *Drug and Alcohol Dependence*, 189, 80-89.

43. *Savin, M.J., Frank, S., **Pulvers, K.**, & Vidrine, D.J. (2018). The association between lifetime polytobacco use and intention to quit among HIV-positive cigarette smokers. *Drug and Alcohol Dependence, 191*, 152-158.
42. *Maldonado, A., *Preciado, A., *Buchanan, M., **Pulvers, K.**, Romero, D. R., & D'Anna-Hernandez, K. (2018). Acculturative stress, mental health symptoms, and the role of salivary inflammatory markers among a Latino sample. *Cultural Diversity and Ethnic Minority Psychology*. doi: 10.1037/cdp0000177.
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Manuscripts under Review or in Preparation * indicates student mentorship

Book Chapters or Case Reports

1. Hood, A., & Pulvers, K. (2018). Methodological and statistical challenges in the study of how anxiety and stress impair working memory performance In *SAGE Research Methods Cases*. [DOI10.4135/9781526449153].
2. Adams III, V. H., Snyder, C. R., Rand, K. L., O'Donnell, E. A., Sigmon, D. R., & **Pulvers, K. M.** (2010). Hope in the work place. In R. Giacolone & C. Jurkiewicz (Eds.). *Work place spirituality and organizational performance*, 2nd ed., (pp. 241-251). New York: Sharpe.
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Published Abstracts

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Nollen, N., Ahluwalia, H., **Pulvers, K.**, Choi, W., Fitzgibbon, M., Li, C., Nazir, N., & Ahluwalia, J. (2003). Correlates of ideal body size among black and white adolescents. [Abstract]. *Obesity Research*, 11(2003 Supplement), 601-P.

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Presentations

Conference Presentations

1. Appolon, G.E., Oren, E., **Pulvers, K.**, Romero, D.R., Hoh, E., Dodder, N.G, Wong, J., Nynas, K., Tracy, L., Lemus, H., & Novotny, T.E. (2024, March). Changes in urinary tobacco-specific nitrosamine (NNAL) and cotinine after switching from filtered to unfiltered cigarette smoking. Oral presentation at the Society for Research on Nicotine and Tobacco, Edinburgh, Scotland, UK.
2. Lambert, L., **Pulvers, K.**, Leavens, E., Ahluwalia, J.S., Rice, M., & Nollen, N. (2022, March). Does menthol flavoring help African American and Latinx adult menthol combustible cigarette smokers switch to e-cigarettes?: A secondary analysis from a randomized clinical trial. Presentation at Society for Research on Nicotine and Tobacco, Baltimore, MD.
3. **Pulvers, K.**, Tracy, L., Novotny, T., Hunn, A., Romero, D., Dodder, N., *Satybaldiyeva, N., *Magraner, J., & Oren, E. (2022, March). Switching smokers to unfiltered cigarettes: Perceptions, addiction, and behavioral effects in a cross-over randomized controlled trial. Presentation at the Society for Research on Nicotine and Tobacco, Baltimore, MD.
4. Stone, M.D., Strong, D.S., Brighton, E., Oratowski, J., Yang, T., Alkuzweny M., Asslani, A., Velasco, K., Skipworth, M., Hurts, S., **Pulvers, K.**, & Pierce, J.P. (2021, February). Measuring reactivity to graphic warning labels on cigarette packs. E-poster at the Society for Research on Nicotine and Tobacco Conference, Virtual.
5. *Rubenstein, D., Sokolovsky, A.W., Aston E.R., Nollen, N.L., Schmid, C.H., *Rice, M.,

- Pulvers, K., & Ahluwalia, J.S.** (2021, February). Predictors of smoking reduction among African American and Latinx smokers in a randomized controlled trial of JUUL e-cigarettes. Abstract submitted to the Society for Research on Nicotine and Tobacco Conference, Baltimore, MD.
6. Leavens, E. L. S., Nollen, N. Ahluwalia, J. S., Mayo, M. S., *Rice, M., Brett, E. I., & **Pulvers, K.** (February, 2021). Changes in dependence, withdrawal, and craving among adult smokers who switch to nicotine salt pod-based e-cigarettes. Submitted to the annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
 7. *Rice, M., Nollen, N. L., Woodcock, A., Benowitz, N. L., Ahluwalia, J. S., & **Pulvers, K.** (2021, February). Effect of marijuana use on smokers switching to e-cigarettes in a randomized controlled trial. E-poster at the Society for Research on Nicotine and Tobacco Conference, Virtual.
 8. Arnold, M.J., Nollen, N.L., Mayo, M.S., Ahluwalia, J.S., Leaven, E.L., Zhang, G., *Rice, M., & **Pulvers, K.** (2021, February). Dual use of cigarettes and e-cigarettes in African American and Latinx smokers: Secondary analyses from a randomized controlled e-cigarette switching trial. Submitted to the annual meeting of the Society for Research on Nicotine and Tobacco, Baltimore, MD.
 9. **Pulvers, K.,** *Rice, M., Stewart, S.L., Tong, E.K. (2021, February). Crowdsourcing with Tobacco Tracker to increase engagement with college smoke and tobacco free policy. E-poster at the Society for Research on Nicotine and Tobacco Conference, Virtual.
 10. **Pulvers, K.,** *Rice, M., Stewart, S.L., Tong, E.K. (2021, February). Correlates of readiness to support college smoke and tobacco free policy and engagement. E-poster at the Society for Research on Nicotine and Tobacco Conference, Virtual.
 11. **Pulvers, K.,** *Rice, M., Stewart, S.L., Tong, E.K. (2021, February). Tobacco Tracker: Findings from a new tool for college smoke and tobacco free policy engagement. E-poster at the Society for Research on Nicotine and Tobacco Conference, Virtual.
 12. **Pulvers, K.,** *Rice, M., Ahluwalia, J.S., *Arnold, M., *Marez, C., & Nollen, N. (2021, February). “It is the one thing that has worked:” Qualitative analysis of subjective experience of nicotine salt pod system e-cigarettes among African American and Latinx smokers. Presentation at the Society for Research on Nicotine and Tobacco Conference, Virtual.
 13. Oren, E., Novotny, T., Hoh, E., Dodder, N., Tracy, L., *Satybaldiyeva, N., *Roach, K., *Thornton, K., *Yun, S., *Barber, C., *Magraner, J., *Hunn, A., *Arevalo, C., *Carter, E., *Everett, S., Romero, D., & **Pulvers, K.** (2020, October). A randomized crossover clinical trial of unfiltered cigarettes: An analysis of perceptions related to the use of cigarette filters. Poster presented at the American Public Health Association Conference, Virtual Format.
 14. **Pulvers, K.,** *Rice, M., Homer Vagadori, K., Clift, K., Davis, R., Stewart, S., & Tong, E. (2020, June). Innovative strategies for increasing smoke and tobacco-free policy compliance on college campuses. Poster accepted at Joining Forces 2020: Ending The Tobacco Epidemic For All, Palm Desert, CA.
 15. *Preciado, J., *Rayon, M., Hamill, S. B., Romero, D. R., & **Pulvers, K.** (2020, May). The social implications for adolescents caregiving for adults. Poster accepted at the Western Psychological Association Conference, San Francisco, CA.
 16. *Stone, M. D., Villasenor, A., **Pulvers, K.,** Yang, T., Velasco, K., Guitierrez, J., Skipworth, M., Pierce, J., & Strong, D. R. (2020, March). The effect of graphic images

- on visual attention to smoking-related health messages. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
17. Berg, C. J., Livingston, M. D., **Pulvers, K.**, Getachew, B., Crawford, N., Sussman, S., Huang, J., Hayes, R. B., & Henriksen, L. (2020, March). Young adult exposure to vape shops and vape shop marketing and related perceptions of vaping. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 18. *Arnold, M., Nollen, N. L., Ahluwalia, J. S., Sanderson Cox, L., & **Pulvers, K.** (2020, March). Reasons for use and perceived advantages and disadvantages of using e-cigarettes among African American smokers. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 19. Romero, D. R., *Carter, E., **Pulvers, K.**, *Marez, C., Barber, C., Satybaldiyeva, N., Pietrenka, B., Thornton, K., Novotny, T., & Oren, E. (2020, March). Naturalistic topography assessment: Challenges, opportunities, and recommendations. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 20. Correa, J. B., Myers, M. G., Doran, N., Krebs, P., *Marez, C., & **Pulvers, K.** (2020, March). Correlates of JUUL use and susceptibility to JUUL among college students. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 21. **Pulvers, K.**, Correa, J. B., Krebs, P., *Marez, C., Doran, N., & Myers, M. (2020, March). JUUL dependence, perceptions of quitting and preferred cessation resources among college students. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 22. **Pulvers, K.**, *Orozco, M., *Loureiroz, S., Clift, K., & Tong, E. (2020, March). Change is in the air: Developing a tool to increase engagement with smoke and tobacco free college policies. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 23. **Pulvers, K.**, *Rice, M., Clift, K., LeRoy Stewart, S., & Tong, E. (2020, March). Engagement and readiness to support college smoke and tobacco free policies. Poster presented at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 24. **Pulvers, K.**, Nollen, N., *Rice, M. J., Schmid, C., Benowitz, N., & Ahluwalia, J. (2020, March). A randomized controlled trial of JUUL e-cigarettes for African American and Latinx smokers. Podium presentation at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 25. **Pulvers, K.**, *Rice, M., *Marez, C., Nollen, N., & Ahluwalia, J. (2020, March). Qualitative experience using JUUL e-cigarettes among Latinx smokers. Poster presentation at Society for Research on Nicotine and Tobacco, New Orleans, LA.
 26. **Pulvers, K.**, *Rice, M. J., Nollen, N. L., & Ahluwalia, J. S. (2019, February). Qualitative experience using JUUL e-cigarettes among African American smokers. Poster presented at Society for Research on Nicotine and Tobacco Conference, San Francisco, CA.
 27. *Stone, M. D., Strong, D. R., Villasenor, A., **Pulvers, K.**, Dimofte, C. V., & Pierce, J. P. (2019, October). Appeal-aversion price assessment of graphic warning labels on tobacco products among United States smokers. Poster presented at NIH Tobacco Regulatory Science Meeting, Bethesda, MD.
 28. Strong, D. R., Stone, M. D., Villasenor, A., **Pulvers, K.**, Angebrandt, A., Velloze, I., Dimofte, C. V., & Pierce, J. P. (2019, October). Validation of measures of packaging design appeal for tobacco regulatory science. Poster presented at NIH Tobacco Regulatory Science Meeting, Bethesda, MD.

29. Stone, M., Gupta, S., Oratowski, J., Villasenor, A., *Ridenour, C., **Pulvers, K.**, Pierce, J., & Strong, D. (2018, November). Impact of graphic images on attentional gaze to smoking-related health communication messages. Poster presented at the American Public Health Association Conference, San Diego, CA.
30. Villasenor, A., Velloze, I., Angebrandt, A., Stone, M., Oratowski, J., *Ridenour, C., **Pulvers, K.**, Hurst, S., Strong, D., & Pierce, J. (2018, November). Validating novel evaluations of consumer reactions to health warnings on cigarette packaging designs. Poster presented at the American Public Health Association Conference, San Diego, CA.
31. Hurst, S., Cai, T., Chae, A., Wang, J., Oratowski, J., Stone, M., *Ridenour, C., **Pulvers, K.**, Villasenor, A., Strong, D., & Pierce, J. (2018, November). Perceptions of cigarette brand packaging: A qualitative study of how different graphic images affect smokers. Poster presented at the American Public Health Association Conference, San Diego, CA.
32. Romero, D., **Pulvers, K.**, & Hamill, S. (2018, November). Examining recent trends in access and use of alcohol, tobacco, and marijuana among high school students: Are there critical time periods of initiation? Oral presentation at the American Public Health Association Conference, San Diego, CA.
33. *Madrigal, L. Romero, D., **Pulvers, K.**, & Hamill, S. (2018, June). Examining the psychometric properties of the MTS in high school athletes. Poster presented at North American Society for Psychology of Sport and Physical Activity Conference, Denver, CO.
34. *Holguin, G., Rosen, J., *DeBellis, S., Wagner, G., & **Pulvers, K.** (2018, May). Equivalence forms reliability assessment of working memory, executive functioning, and processing speed tests. Poster presentation at the Association for Psychological Science, San Francisco, CA
35. *Emami, A., *Phonsane, D., D'Anna, K., & **Pulvers, K.** (2018, May). Ethnic differences in pain tolerance among a college student sample of women. Poster presentation at the Association for Psychological Science, San Francisco, CA
36. *Rice, M., *Cuellar, R., *Dean, A., & **Pulvers, K.** (2018, May). More frequent marijuana use associated with greater perceived sleep quality among current users. Poster presentation at the Association for Psychological Science, San Francisco, CA
37. *De Bellis, S., *Holguin, G., *Cuellar, R., & **Pulvers, K.** (2018, May). Marijuana use and sleep quality among young adult college students. Poster presentation at the Association for Psychological Science, San Francisco, CA
38. *Ridenour, C., Holguin, G., & **Pulvers, K.** (2018, May). Anxiety and depression mediate the relationship between stress and psychological and physiological response. Poster presentation at the Association for Psychological Science, San Francisco, CA
39. *Cuellar, R., *Ridenour, C., *DeBellis, S., Tsai, K., D'Anna-Hernandez, K., & **Pulvers, K.** (2018, May). Ethnic differences in the relation between sleep duration and stress response among college students. Poster presentation at the Association for Psychological Science, San Francisco, CA
40. *Savin, M., Iudicello, J., **Pulvers, K.**, Ghate, M., Mehendale, S., Marcotte, T. (2018, February). The neurocognitive implications of chewing tobacco among people living with HIV in India. Poster presentation at the Society for Research on Nicotine and Tobacco Use Conference, Baltimore, MD.
41. **Pulvers, K.**, *Emami, A., Nollen, N.L., Strong, D.R., *Chinnapong, V., Romero, D.R.,

- Benowitz, N.L., & Ahluwalia, J.S. (2018, February). Baseline factors distinguishing exclusive switching from dual use among smokers switching to electronic cigarettes. Poster presentation at the Society for Research on Nicotine and Tobacco Use Conference, Baltimore, MD.
42. **Pulvers, K.**, *Emami, A., Nollen, N.L., Strong, D.R., *Chinnapong, V., Romero, D.R., Benowitz, N.L., & Ahluwalia, J.S. (2018, February). Reduction in behavioral and social cognitive risk factors among smokers switching to electronic cigarettes. Poster presentation at the Society for Research on Nicotine and Tobacco Use Conference, Baltimore, MD.
 43. *Holguin, G., *Ridenour, C., *Cuellar, R., & **Pulvers, K.** (2017, May). Anxiety and depression mediate the relationship between stress and positive and negative affect among college-aged students. Poster presented at the Association for Psychological Science Conference, Boston, MA
 44. *Holguin, G., *De Bellis, S., *Emami, A., & **Pulvers, K.** (2017, May). Acculturative stress and alcohol use among Hispanic and non-Hispanic white college-aged females. Poster presented at the Association for Psychological Science Conference, Boston, MA
 45. *Reel, C., *Ridenour, C., Hamill, S., Romero, D. & **Pulvers, K.** (2017, April). The influence of parental monitoring on alcohol and marijuana use in high school students. Poster presented at the Western Psychological Association Conference, Sacramento, CA
 46. *Holguin, G., *Cuellar, R., Hamill, S., Romero, D.R., & **Pulvers, K.** (2017, April). Academic achievement and depressive-like symptoms among adolescent caregivers for grandparents with and without dementia. Poster presented at the Society for Behavioral Medicine Conference, San Diego, CA.
 47. *Whitten, C., Luna, J.A., Spite, S., Turner, B., Moore, R., Calac, D., & **Pulvers, K.** (2017, April). Community input on creating an effective Rx medication disposal intervention in Indian country. Poster presented at the CSU San Marcos Psychology Research Fair.
 48. Romero, D. R., Morton, D., Martinez, K. M., & **Pulvers, K.** (2016, November). Examining respiratory health, tobacco use and exposure to secondhand smoke among San Diego farm workers: A pilot study. Oral presentation at the American Public Health Association Conference.
 49. Hamill, S., Romero, D., & **Pulvers, K.** (2016, November). The perceived impact of caring for grandparents: Educational and psychosocial costs for adolescents. Poster presentation at the Gerontological Society of America Conference.
 50. *Reel, C., *Ridenour, C., Hamill, S., Romero, D. & **Pulvers, K.** (2016, July). The influence of parental monitoring on alcohol and marijuana use in high school students. Oral presentation at the APA Summer Research Program Data Blitz.
 51. Hamill, S. B., *West, J., *Rayon, M., *Alvarez, I., *Shaw, K., *Robison, C., **Pulvers, K.**, & Romero, D. (2016, May). Too young to care: Adolescents caring for siblings and alcohol use. Poster presentation at the Western Psychological Association Conference, Long Beach, CA
 52. *Cuellar, R. J., *Crews, B., *Kessler, D., Romero, D., Hamill, S., & **Pulvers, K.** (2016, May). Self-esteem moderates the relationship between sleep duration and depressive symptoms among high school students. Poster presentation at the American Psychosomatic Society Conference, Denver, CO.

53. *Ridenour, C., *Hoerr, J., *Kessler, D., *Lamb, V., *Murphy, S., Hamill, S., Romero, D., & **Pulvers, K.** (2016, May). Risk factors for adolescent substance use. Poster presentation at the Association for Psychological Science, Chicago, IL.
54. *Savin, M., *Holguin, G., Hamill, S., Romero, D., & **Pulvers, K.** (2016, May). Prevalence of marijuana use among adolescent never vs. ever tobacco product users: The role of multiple products. Poster presentation at the Association for Psychological Science, Chicago, IL.
55. *Kessler, D., *Ridenour, C., & **Pulvers, K.** (2016, May). Gratitude's effect on meaning in life. Poster presentation at the Association for Psychological Science, Chicago, IL.
56. Hamill, S. B., *Shaw, K., *West, J., *Alvarez, I., *Rayon, M., *Robison, C., Romero, D., & **Pulvers, K.** (2016, April). Years wasted? Grandparent care, young caregivers, and substance use. Poster presentation at the Western Psychological Association Conference, Long Beach, CA
57. *Ridenour, C., Hamill, S., Romero, D., *Emami, A., *Hoerr, J., Woodcock, A., & **Pulvers, K.** (2016, April). The role of hope in understanding the link between perceived stress and tobacco and marijuana use among adolescents. Poster presentation at the Western Psychological Association Conference, Long Beach, CA
58. *Lamb, V., *Cuellar, R., *Phonsane, D., *McCann, K., D'Anna-Hernandez, K., Romero, D., & **Pulvers, K.** (2016, April). Are sexually transmitted infections associated with stress, depression, and anxiety? Poster presentation at the Western Psychological Association Conference, Long Beach, CA
59. *Emami, A., *McCann, K., *Phonsane, D., *Lamb, V., *Crews, B., & **Pulvers, K.** (2016, April). Acculturative stress and anxiety linked to pain among Hispanic women. Poster presentation at the Western Psychological Association Conference, Long Beach, CA
60. **Pulvers, K.**, *Emami, A. S., Nollen, N. L., Romero, D. R., Benowitz, N. L., & Ahluwalia, J. S. (2016, March). Tobacco consumption and harm exposure of cigarette smokers switching to electronic cigarettes. Poster presentation at the Society for Research on Nicotine & Tobacco, Chicago, IL.
61. Hamill, S. B., *West, J., *Rayon, M., *Alvarez, I., *Robison, C., Romero, D., & **Pulvers, K.** (2016, March). Caring for impaired parents: Do adolescent caregivers grow up too fast? Poster presentation at the Society for Research on Adolescence, Washington DC.
62. *Nilsen, S., *Amba-Pascua, A., *Kapphahn, T, *Emami, A., & **Pulvers, K.** (2015, April). Anxiety sensitivity and low self-esteem can predict negative eating attitudes. Abstract accepted for poster presentation at the Western Psychological Association Conference, Las Vegas, NV. Selected as outstanding paper.
63. *Amba-Pascua, A., *Nilsen, S., *Emami, A.S., *Kapphahn, T., & **Pulvers, K.** (2015, April). Low distress tolerance: A risk for developing negative eating attitudes. Abstract accepted for poster presentation at the Western Psychological Association Conference, Las Vegas, NV.
64. *Emami, A.S., *Gonzalez, M., *Gary, M., *Lamb, V., *Ramirez, A., Romero, D.R., & **Pulvers, K.** (2015, April). Anxiety and depression symptoms are associated with marijuana problems. Abstract accepted for poster presentation at the Western Psychological Association Conference, Las Vegas, NV.
65. *Nilsen, S., *Emami, A.S., *Kessler, D., *Gonzalez, M., *Kliebenstein, A., *Amba-Pascua, A., & **Pulvers, K.** (2015, April). Sexual compulsivity is associated with anxiety sensitivity, depression, and internet addiction. Abstract accepted for poster

- presentation at the Western Psychological Association Conference, Las Vegas, NV.
66. **Pulvers, K.**, Romero, D.R., Yang, J., *Hoerr, J., Cummins, S., & Zhu, S.-H. (2015, April). Awareness of tobacco and e-cigarette policies at two California State University campuses with different tobacco control policies. Poster presentation at the State and Community Tobacco Control Steering Committee Meeting, Bethesda, MD.
 67. Ahluwalia, J. S., **Pulvers, K.** (co-chair), Scheuermann, T., Khariwala S., & Nollen, N.L. (2015, February). Light and nondaily smoking among African Americans, Hispanic/Latinos, and non-Hispanic Whites: Implications for treatment. Symposium presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 68. **Pulvers, K.**, Romero, D. R., *Blanco, L., Sakuma, K.-L.K., Ahluwalia, J.S., & Trinidad, D.R. (2015, February). Light and intermittent smoking among California African American, Hispanic/Latino, and non-Hispanic White men and women. Paper presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 69. **Pulvers, K.**, Romero, D. R., Clark, R. J., LaRee, T., Blank, M. D., *Kappahn, T., & Novotny, T. E. (2015, February). Feasibility of a randomized cross-over trial of unfiltered cigarettes on smoking behavior and toxic exposure. Poster presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 70. Romero, D. R., Martinez, K., Nunez-Alvarez, A., & **Pulvers, K.** (2015, February). Normative beliefs and perceptions in relation to tobacco use among San Diego migrant farm workers. Poster presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 71. Khariwala, S. S., Scheuermann, T., Luo, X., Nollen, N. L., **Pulvers, K.**, Siddiqi, K., Sherman, S., & Ahluwalia, J. S. (2015, February). Do physicians differentiate between daily and nondaily smokers when counseling for smoking cessation? Poster presentation at the Society for Research on Nicotine and Tobacco, Philadelphia, PA.
 72. *Limas, E. F. & **Pulvers, K.** (2014, November). The effects of a social norm intervention on smokers' physical distress tolerance and smoking behavior. Poster presentation at the Indiana Psychological Association Conference, Indianapolis, IN.
 73. *Emami, A. S., *Swanson, H. E., *Kappahn, T., & **Pulvers, K.** (May, 2014). Difficulties with emotion regulation and distress tolerance are linked to unhealthy eating through pain catastrophizing. Poster presentation at the American Psychological Society Conference, San Francisco, CA.
 74. *Basora, B., *Roome, N., *Amba-Pascua, A., *Emami, A., *Brady, G., & **Pulvers, K.** (2014, April). Poor emotion regulation is associated with internet addiction. Poster presentation at the Western Psychological Association, Portland, OR.
 75. *Gonzalez, M., *Hackbardt, M., *Emami, A., *Brady, G., & **Pulvers, K.** (2014, April). Low distress tolerance and difficulties in emotion regulation are associated with sexual compulsivity. Poster presentation at the Western Psychological Association, Portland, OR.
 76. *Kappahn, T., *Emami, A., *Swanson, H., *Brady, G., & **Pulvers, K.** (2014, April). Poor emotion regulation is associated with alcohol use and drinking motives. Poster presentation at the Western Psychological Association, Portland, OR.
 77. *McLaughlin, M. H., *Rodriguez, D., *Thum, J., **Pulvers, K.**, Romero, D., & D'Anna-

- Hernandez, K. L. (2014, March). Early sexual behavior is linked to depression, stress, anxiety, and infection: Exploring long term health outcomes. Poster presentation at the American Psychosomatic Society Conference, San Francisco, CA.
78. **Pulvers, K.**, Scheuermann, T. S., Romero, D. R., *Basora, B., Lui, X., & Ahluwalia, J. S. (2014, February). Nondaily and daily smokers' identity and classification of a smoker. Poster presentation at the Society for Nicotine and Tobacco Research, Seattle, WA.
 79. **Pulvers, K.**, Scheuermann, T. S., *Emami, A., *Basora, B., Lui, X., & Ahluwalia, J. S. (2014, February). Reasons for smoking among tri-ethnic nondaily and daily smokers. Poster presentation scheduled at the Society for Nicotine and Tobacco Research, Seattle, WA.
 80. **Pulvers, K.**, Romero, D., *Vazquez, A., Martinez, K., Nuñez-Alvarez, A., & Novotny, T. (2014, February). Tobacco use, secondhand smoke exposure, and respiratory health issues among San Diego migrant farm workers. Poster presentation scheduled at the Society for Nicotine and Tobacco Research, Seattle, WA.
 81. Kendzor, D. E., Businelle, M. S., Reitzel, L. R., Rios, D., Scheuermann, T. S., **Pulvers, K.**, & Ahluwalia, J. S. (2014, February). Everyday discrimination is associated with nicotine dependence in African American, Latino, and White smokers. Poster presentation scheduled at the Society for Nicotine and Tobacco Research, Seattle, WA.
 82. Romero, D., R., *Volpe, C., & **Pulvers, K.** (2014, February). Social Attitudes toward Smoking Scale. Poster presented at the Society for Nicotine and Tobacco Research, Seattle, WA.
 83. Romero, D., **Pulvers, K.**, *Volpe, C., & *Volden, J. (2013, March). Hookah use between cigarette and non-cigarette smoking college students. Poster presentation at the Society of Nicotine and Tobacco Research Conference, Boston, MA.
 84. *Strege, M.V., & **Pulvers, K.** (2013, March). The link between mindfulness and disordered eating among White and Hispanic college students. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
 85. **Pulvers, K.**, *Schroeder, J., *Limas, E. F., & Romero, D. (2013, March). Does pain trigger changes in craving and affect among non-heavy smokers? An exploratory analysis. Poster presentation at the Society of Nicotine and Tobacco Research Conference, Boston, MA.
 86. **Pulvers, K.**, *Limas, E. F., *Schroeder, J., & Zhu, S.-H. (2013, March). Computer-delivered social normative message increases pain tolerance. Paper presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
 87. **Pulvers, K.**, *Bachand, J., Nollen, N., Guo, H., & Ahluwalia, J. S. (2013, March). BMI-based norms for a culturally relevant body image scale among African Americans. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
 88. *Limas, E., *Strege, M., *Basora, B., *Rosenberg, D., *Zahir, H., *Edwards, J., & **Pulvers, K.** (2013, March). Cognitive-specific coping strategies are associated with increased pain tolerance during a physically distressing task. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
 89. *Merchant, G., & **Pulvers, K.** (2013, March). Ready to exercise? Exercise-specific cognitions and emotions of young women. Poster presentation at the Society of Behavioral Medicine Conference, San Francisco, CA.
 90. Ryan, M., Tolentino, J., Hammett, I., *Volden, J., Robbins, D., **Pulvers, K.**, & Romero, D. (2013, February). Tobacco use among healthcare workers and impact of a tobacco policy

- change at a military community hospital. Poster presentation at the Preventive Medicine Conference, Phoenix, AZ.
91. Romero, D., **Pulvers, K.**, *Vazquez, A., & *Basora, B. (2012, October). Racial
 92. comparison of smoking behaviors among college students. Poster presentation at the American Public Health Association Conference, San Francisco, CA.
 93. . Ryan, M., Tolentino, J., Hammett, I., Robbins, D., *Volden, J., **Pulvers, K.**, & Romero, D. (2012, August). Tobacco use by military healthcare professionals: Impact of a policy change at Naval Hospital Camp Pendleton. Oral presentation at the Military Health System Research Symposium.
 94. * Kliebenstein, A., *Hood, A., *Bachand, J., **Pulvers, K.**, & Spady, T. (2012, May). Anxiety linked to worse memory performance during and after stressor. Poster presentation at the Association for Psychological Science Conference, Chicago, IL.
 95. *Hood, A., *Kliebenstein, A., **Pulvers, K.**, & Spady, T. (2012, May). Timing determines if acute stress impairs or enhances working memory performance. Poster presentation at the Association for Psychological Science Conference, Chicago, IL.
 96. **Pulvers, K.**, *Limas, E., *Merchant, G., & *Pandzic, I. (2012, April). Hope is linked with positive affect during nicotine deprivation. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
 97. * Pandzic, I., & **Pulvers, K.** (2012, April). Optimism moderates the relationship between fatigue and distress among college students. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
 98. *Limas, E., **Pulvers, K.**, & *Edwards, J. (2012, April). Pain tolerance is influenced by social normative messages. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
 99. *Merchant, G., **Pulvers, K.**, *Hood, A., & *Carrilo, J. (2012, April). Measurement issues within the stages of change for exercise. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
 100. * Edwards, J., **Pulvers, K.**, *Bachand, J., & *Limas, E. (2012, April). Negative emotions linked to unhealthy eating behaviors among college students. Poster presentation at the Society of Behavioral Medicine Conference, New Orleans, LA.
 101. Romero, D., **Pulvers, K.** Buchanan, T., & Ahluwalia, J. (2012, August). College student smoking: Social or a pattern of infrequent smoking. Oral presentation at the National Conference on Tobacco or Health.
 102. **Pulvers, K.**, *Hood, A., *Carrilo, J., & *Merchant, G. (2011, April). Positive traits are linked to less pain through lower pain catastrophizing. Poster presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
 103. **Pulvers, K.**, *Limas, L., *Limas, E., & *Margetta, S. (2011, April). Social norm approach impacts pain tolerance when the message is credible. Poster presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
 104. **Pulvers, K.**, Nguyen, Q., Norman, G., Cummins, S., & Zhu, S.-H. (2011, April). Development of a brief perceived support scale for helper-led smoking cessation. Poster presentation at the Society of Behavioral Medicine Conference, Washington D.C.
 105. *Brooks, R. D., & **Pulvers, K. M.** (2011, April). Smoking dependence motives mediate the relationship between depression and smoking outcome expectancies. Poster

- presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
106. *Merchant, G., *Brooks, R. D., *Edwards, J. L., & **Pulvers, K. M.** (2011, April). Effective methods for coping with the urge to smoke. Poster presentation at the Western Psychological Association's 91st Annual Convention, Los Angeles, CA.
 107. **Pulvers, K.**, & *Hood, A. (2010, November). Cigarette smoking and gender effects on pain sensitivity in a cold pressor task. Poster presentation at the Annual Biomedical Research Conference for Minority Students, Charlotte, NC.
 108. **Pulvers, K.**, & *Garcia, R. (2010, August). *Understanding motives and expectancies about smoking among depressed nicotine users*. Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.
 109. **Pulvers, K.**, *Merchant, G., *Pandzic, I., *Potter, R., *Carlson, J., & *Thode, L. (2010, August). *Cognitive and affective correlates of distress tolerance and smoking relapse*. Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.
 110. *Shepard, A., *Merchant, G., & **Pulvers, K.** (2010, August). *Does affect mediate the relationship between hope and nicotine dependence?* Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.
 111. *Talicuran, M., *Bayles, S., *Pandzic, I., & **Pulvers, K.** (2010, August). *Is gender a moderator between negative affect reduction and distress?* Poster presentation at the Annual Conference of the American Psychological Association, San Diego, CA.
 112. **Pulvers, K.**, Cox, L.S., Lopez, S., Selig, J., & Ahluwalia, J.S. (2008). *Hope for coping with the urge to smoke: A real-time study*. Poster presentation at the Annual Conference for the Society of Behavioral Medicine, San Diego, CA.
 113. Nguyen, Q. B., **Pulvers, K.**, & Zhu, S.-H. (2007). *Mental models of quitting: A qualitative analysis of dyads*. Poster presentation at the Annual Conference of the Society for Behavioral Medicine, Washington D.C.
 114. Sumerall, S. W., Oehlert, M. E., Neal, P. C., Cohn, T. J., Ellis, B., **Pulvers, K. M.**, & Owens, C. R. (2007). *Mindfulness as a measure of treatment effectiveness in a co-occurring diagnosis program*. Poster presentation at the Annual Convention of the Association of Psychological Science, Washington, D.C.
 115. Okuyemi, K. S., **Pulvers, K. M.**, Cox, L. S., Thomas, J. L., Kaur, H., Mayo, M. S., Nazir, N., Etter, J.-F., & Ahluwalia, J. S. (2006). *Nicotine dependence among African American light smokers: A comparison of three scales*. Poster presentation at the Annual Conference of the Society for Research on Nicotine & Tobacco, Orlando, FL.
 116. Ahluwalia, J. S., Okuyemi, K., Nollen, N., Choi, W. S., Kaur, H., **Pulvers, K.**, & Mayo, M.S. (2006). *The effects of nicotine gum and counseling among African American light smokers: A 2x2 factorial design*. Oral presentation at the Annual Conference of the Society for Research on Nicotine & Tobacco, Orlando, FL.
 117. Bronars, C., Thomas, J., Jeffries, S., **Pulvers, K.**, Okuyemi, K., Stewart, D., & Ahluwalia, J. S. (2006). *Psychometric properties of a brief Smoking Consequences Questionnaire for Adults (SCQ-A) among African American light smokers*. Poster presentation at the Annual Conference of the Society for Research on Nicotine & Tobacco, Orlando, FL.
116. Thomas, J. L., **Pulvers, K. M.**, Stewart, D. W., Mayo, M. S., Nazir, N., & Ahluwalia, J. S.

- (2006). *Smoking-related weight expectancies among African American light smokers participating in a smoking cessation trial*. Oral presentation at the Annual Conference of the Society for Behavioral Medicine, San Francisco, CA .
117. *Carlson, J. A., **Pulvers, K. M.**, Selig, J. P., & Grobe, J. E. (2006). *The role of positive outcome expectancies in the ability to resist smoking in a lab-based setting*. Poster presentation at the Annual Conference of the Society for Behavioral Medicine, San Francisco, CA.
118. **Pulvers, K. M.**, Born, W., Greiner, K. A., Nollen, N. L., Kaur, H., Hall, S., Fitzgibbon, M. L., & Ahluwalia, J. S. (2005, April). *Do you see what I see? Body image perceptions among obese rural primary care patients and their physicians*. Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, Boston, MA.
119. Born, W.K., **Pulvers, K.**, Lee, R.E., Nollen, N.L., Greiner, K.A., Kaur, H., & Fitzgibbon, M. (2004, March). *Body image discrepancy among rural obese patients*. Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
120. Nollen, N.L., Kaur, S., **Pulvers, K.**, Choi, W., Fitzgibbon, M., Li, C., Nazir, N., Ahluwalia, J.S. (2003, October). *Correlates of ideal body size among black and white adolescents*. Poster presentation at the Annual Scientific North American Association for the Study of Obesity Meeting, Fort Lauderdale, FL
121. **Pulvers, K. M.**, Lee, R. E., Ahluwalia, S. K., Mayo, M. S., Hou, Q., Fitzgibbon, M. L., & Ahluwalia, J. S. (2003, March). *Reliability of a culturally sensitive body image instrument among urban African Americans*. Poster presentation at the Annual Conference of the Society of Behavioral Medicine, Salt Lake City, UT.
122. Nary, D. E., **Pulvers, K. M.**, & White, G. W. (2002, November). *Testing a home physical activity program for persons with physical disabilities*. Disability forum at the Annual Conference of the American Public Health Association, Philadelphia, PA.
123. **Pulvers, K. M.** *Evaluating the Sense of Duty Scale: Further evidence of reliability and validity*. (2002, August) Symposium at the Annual Convention of the American Psychological Association, Chicago, IL.
124. **Pulvers, K. M.**, & Snyder, C. R. (2002, May). *Hope: What's the Big Five got to do with it?* Poster presentation at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.
125. **Pulvers, K. M.**, & Gallant, S. J. (2002, May). *Validation of a measure of dutifulness*. Poster presentation at the Annual Conference of the Midwestern Psychological Association, Chicago, IL.
126. **Pulvers, K. M.**, Catley, D., Okeyemi, K., Scheibmeir, M., McCarter, K., Jeffries, S., & Ahluwalia, J. (2002, April). *Gender, smoking expectancies and readiness to quit among inner-city, African American smokers*. Oral presentation at the Annual Conference of the Society of Behavioral Medicine, Washington, DC.
127. Davis, S. F., Smith, B. G., Rodrigue, K., & **Pulvers, K.** (1999, April). *An examination of internet usage on two college campuses*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, Albuquerque, NM.
128. Davis, S. F., **Pulvers, K.**, Lee, S., & Winters, S. (1998, March). *Examining the relation between self-monitoring and hope*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, New Orleans, LA.

129. **Pulvers, K. A.** (1998, March). *The relationship between cheating and college classroom environment*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, New Orleans, LA.
130. Roberts, K., Coates, S., **Pulvers, K.**, & Cook, D. (1997, April). *The relationship between depression and body image distortion in a college population*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, Fort Worth, TX
131. Roberts, K., **Pulvers, K.**, Burns, S., Ranger, H., Wozencraft, T., & Davis, S. (1997, April). *What's in it for me? Growth opportunities at SWPA*. Symposium at the Annual Convention of the Southwestern Psychological Association, Fort Worth, TX.
132. **Pulvers, K.**, Klyn, M., Gose, B., Hunt-Hill, R., & Wozencraft, T. (1996, May). *Students' perspectives on mentoring*. Symposium at the Southwest Regional Conference for Teachers of Psychology, Fort Worth, TX.
133. Roberts, M. K., Hill, K., Wozencraft, T., & **Pulvers, K.** (1996, April). *The relationship between depression and restrained eating in a normal population*. Poster presentation at the Annual Convention of the Southwestern Psychological Association, Houston, TX.

General Audience Dissemination

Nordskog, A.B., *Smith, C., *Mendez, N., *Chantaca, I., *Germano, J., *Simms, C., Mursalin, R., *Schofield, E., *Chittanuru, H., *Andreola, C., Stewart, S., Tong, E.K., **Pulvers, K.** (2024, May). Tobacco, e-cigarette, and cannabis waste on two smoke and vape free college campuses: Public health implications. California Policy Research Center for Tobacco and the Environment First Annual Symposium, San Diego, California.

Nordskog, A.B., *Smith, C., *Simms, C., *Chantaca, I., Mursalin, R., *Germano, J., *Schofield, E., *Chittanuru, H., Stewart, S., Tong, E.K., **Pulvers, K.** (2024, May). Tobacco Tracker online tool reports of smoking and vaping on two smoke and vape free college campuses: Opportunities for education. California State University San Marcos 30th Annual Psychology Research Conference, San Marcos, California.

Pulvers, K., *Rice, M., Risley, A., Clift, K., Davis, R., Stewart, S. L., & Tong, E., (2020, May) Crowdsourcing to reduce tobacco use and litter on California college campuses. *CSU Geospatial Review*.

INSTRUCTION

Current Teaching Experience

Semester	Course #/Title	Enroll.	Overall Course Quality or Learning: Average out of 5 (Deviation)	WTU
Fall 25	PSYC 495: Field Experience in Psychological Settings	23	5.0 (0.0)	3

Spring 25	PSYC 495: Field Experience in Psychological Settings	16	4.8 (0.4)	3
Fall 2024	PSYC 495: Field Experience in Psychological Settings	19	4.8 (0.5)	3
Spring 24	Sabbatical	-	-	-
Fall 2023	PSYC 495: Field Experience in Psychological Settings	18	5.0 (0)	3
Spring 23	PSYC 495: Field Experience in Psychological Settings	16	5.0 (0)	3
Fall 2022	PSYC 495: Field Experience in Psychological Settings	13	4.7 (0.8)	3
Summer 22	PSYC 352: Human Sexuality (online; asynchronous)	39	4.9 (0.3)	N/A
Spring 22	Reassigned time	-	-	-
Fall 2021	Reassigned time	-	-	-
Summer 21	PSYC 352: Human Sexuality (online; asynchronous)	38	4.9 (0.2)	N/A
Summer 21	PSYC 336: Abnormal Psychology (online; asynchronous)	18	4.8 (0.5)	N/A
Spring 21	PSYC 336: Abnormal Psychology (online; asynchronous)	47	4.6 (0.6)	3
Winter 21	PSYC 352: Human Sexuality (online; asynchronous)	22	4.9 (0.3)	N/A
Fall 20	PSYC 336: Abnormal Psychology (online; asynchronous)	48	4.4 (0.8)	3
Fall 20	PSYC 560-6 ST: Tobacco Addiction and Regulatory Science (online; synchronous)	10	4.8 (0.4)	3
Summer 20	PSYC 352: Human Sexuality (online; hybrid)	22	5.0 (0)	N/A
Spring 20	PSYC 495: Field Experience in Psychological Settings (moved online in March due to COVID-19)	25	5.0 (0)	3
Fall 19	PSYC 402: Psychological Testing	38	4.8 (0.5)	4
Summer 19	PSYC 352: Human Sexuality	25	4.8 (0.4)	N/A
Spring 19	PSYC 495: Field Experience in Psychological Settings	20	5.0 (0)	3
Fall 18	PSYC 560-6 ST: Tobacco Use, Addiction and Treatment, and Regulatory Science	10	4.9 (0.3)	3
Spring 18	PSYC 402/Psychological Testing	34	5.0 (0.0)	4
Fall 17	PSYC 402/Psychological Testing	38	4.8 (0.5)	4
Summer 17	PSYC 402/Psychological Testing	22	4.8 (0.4)	N/A

Spring 17	PSYC 402/Psychological Testing	40	4.9 (0.5)	4
Fall 16	PSYC 402/Psychological Testing	40	4.9 (0.4)	4
Spring 16	PSYC 402(1)/ Psychological Testing	39	4.7 (0.5)	4
Spring 16	PSYC 402(2)/ Psychological Testing	39	4.6 (0.6)	4
Fall 15	Reassigned time	-	--	10
Summer 15	Human Sexuality	20	4.8 (0.7)	N/A
Spring 15	PSYC 402(1)/Psychological Testing	31	4.6 (0.7)	4
Spring 15	PSYC 402(2)/Psychological Testing	32	4.9 (0.3)	4
Spring 15	PSYC 558: Proseminar in Counseling/Clinical	13	4.4 (0.8)	3
Fall 2014	Sabbatical	-	-	-
Summer 14	PSYC 402/Psychological Testing	19	4.4 (1.1)	N/A
Summer 14	PSYC 352: Human Sexuality	25	4.8 (0.4)	N/A
Spring 14	PSYC 402(1)/Psychological Testing	46	4.8 (0.5)	4
Spring 14	PSYC 402(2)/Psychological Testing	49	4.7 (0.6)	4
Fall 13	PSYC 402(1)/Psychological Testing	39	4.8 (0.5)	4
Fall 13	PSYC 402(2)/Psychological Testing	28	4.9 (0.3)	4
Summer 13	PSYC 352: Human Sexuality	26	4.9 (0.3)	N/A
Spring 13	PSYC 402(1)/Psychological Testing	18	4.8 (0.4)	4
Spring 13	PSYC 402(2)/Psychological Testing	30	4.8 (0.5)	4
Fall 12	PSYC 402(1)/Psychological Testing	31	5.0 (0.2)	4
Fall 12	PSYC 402(2)/Psychological Testing	30	4.6 (0.7)	4
Summer 12	PSYC 495: Field Experience in Psychological Settings	17	4.9 (0.2)	N/A
Spring 12	PSYC 402(1)/Psychological Testing	40	4.7 (0.8)	4
Spring 12	PSYC 402(2)/Psychological Testing	39	4.8 (0.8)	4
Fall 11	PSYC 402(1)/Psychological Testing	35	4.7 (0.6)	4
Fall 11	PSYC 402(2)/Psychological Testing	40	4.6 (0.9)	4
Fall 11	PSYC 336/Abnormal Psychology	40	4.9 (0.3)	3
Summer 11	PSYC 352/Human Sexuality	33	4.9 (0.4)	N/A
Summer 11	PSYC 495/Field Experience in Psychological Settings	16	5.0 (0.0)	N/A
Spring 11	PSYC 402(1)/Psychological Testing	39	4.6 (0.6)	4
Spring 11	PSYC 402(2)/Psychological Testing	40	4.7 (0.5)	4
Spring 11	PSYC 336/Abnormal Psychology	40	4.6 (0.7)	3
Fall 10	PSYC 402/Psychological Testing	37	4.8 (0.5)	4
Fall 10	PSYC 558: Proseminar in Counseling/Clinical Psychology	12	4.8 (0.6)	3
Summer 10	PSYC 352/Human Sexuality	33	4.8 (0.4)	N/A
Spring 10	PSYC 402(1)/Psychological Testing	25	4.7 (0.5)	4
Spring 10	PSYC 402(2)/Psychological Testing	35	4.5 (0.6)	4
Spring 10	PSYC 336/Abnormal Psychology	48	4.7 (0.5)	3
January 10	PSYC 352/Human Sexuality	37	4.9 (0.4)	N/A
Fall 09	PSYC 402/Psychological Testing	44	4.9 (0.3)	4
Fall 09	PSYC 336/Abnormal Psychology	47	4.6 (0.8)	3
Summer 09	PSYC 352/Human Sexuality	35	4.5 (0.7)	N/A

Spring 09	PSYC 402(1)/Psychological Testing	37	4.9 (0.4)	4
Spring 09	PSYC 402 (2)/Psychological Testing	34	4.7 (0.4)	4
Spring 09	PSYC 352/Human Sexuality	47	4.8 (0.4)	3
Fall 08	PSYC 402 (2)/Psychological Testing	45	4.7 (0.6)	4
Fall 08	PSYC 402(1)/Psychological Testing	38	4.8 (0.4)	4
Fall 08	PSYC 352/Human Sexuality	43	4.9 (0.3)	3

Other Teaching Activities

Independent Study or Post-Baccalaureate Supervision

Year	Number of Trainees	Students
2025-2026	12	Aryanna Alarcon, Leo Andaluz, Kyle Bill, Nicole Birch, Jasmine, Figueroa, Lesly Garcia, Griffin Gibbs, Alex Lopez Cruz, Milly Lopez, Ashley Nguyen, Zerla Oca, Margot Trogden
2024-2025	23	Aryanna Alarcon, Vanessa Amador, Leo Andaluz, Colleen Andreola, Brenda Bautista, Caroline Bumanglag, Nicole Birch, Angela Chantaca, Isaiah Chantaca, Lesly Garcia, Andrew Garzon, Julia Germano, Griffin Gibbs, Mayce Kinney, Alex Lopez Cruz, Milly Lopez, Ashley Nguyen, Zerla Oca, Natasha Shaghadi, Jose Sierra, Coral Simms, Cheyenne Smith, Margot Trogden
2023-2024	35	Aryanna Alarcon, Caroline Bumanglag, Isaiah Chantaca, Hrithika Chittanuru, Julia Germano, Nissa Jamalian, Krista Kueber, Hannah Like, Milly Lopez, Nicholas Mendez, Brianna Montesdeoca, Raisa Mursalin, Zerla Oca, Jessica Orea, Kai Orozco, Jasmine Salazar, Sonia Singh, Coral Simms, Cheyenne Smith, Edleen Suh, Margot Trogden, Aaron Williams, Colleen Andreola, Lesly Garcia, Pauline Huynh, Alex Lopez, Jose Sierra, Elizabeth Schofield, Vanessa Amador, Brenda Bautista, Angela Chantaca, Yetunde Adebayo, Paola Ortega, Jonathan Nocon, Savana Powell
2022-2023	18	Serena Beirold, Abigail Baxter, Hrithika Chittanuru, Gabriela Cureno Espino, Vanessa Gonzalez, Nissa Jamalian, Krista Kueber, Allison Leach, Hannah Like, Naomi Maxwell, Miranda Medina, Brianna Montesdeoca, Raisa Mursalin, Paola Ortega, Cheyenne Smith, Edleen Suh, Karissa Tran; Savannah Valenzuela
2021-2022	9	Stefani Aranibar, Zachary Conaway, Matthew Faulkner, Eva Garcia, Kylie Hannah, Grace Lackey, Naomi Stant Maxwell, Miranda Medina; Dalia Singh
2020-2021	0	Pause due to COVID-19 pandemic

2019-2020	8	Daniell Derry, Shyla Everett, John Le, Ana Ruth Leon, Jeremy Mills, Jennifer Mosley, Mirella Orozco, Justin Sanchez
2018-2019	16	Juan Alva, Amanda Dean, Daniell Derry, Shyla Everett, Maddison Garret, John Le, Ana Ruth Leon, Crystal Marez, Nathan Mauyeun, Jeremy Mills, Dalia Hipolito Martinez, Jennifer Mosely, Mirella Orozco, Alexis Osuna, Flavia Ponce, Justin Sanchez
2017-2018	18	Javier Anda, Varavit Chinnapong, Amanda Dean, Anais Gutierrez, Vannesa Hermosillo, Ana Ruth Leon, Crystal Marez, Dalia Hipolito Martinez, Victoria Meyerott, Jennifer Mosley, Mirella Orozco, Donna Phonsane, Alejandra Ramos, Desirae Revalee, Myra Rice, Justin Sanchez, Laura Wells, Cassandra Zavala-Estrella
2016-2017	15	Dana Behl, Jennifer Crisman, Amanda Dean, Jonathan Hoerr, Kristina Johnson, Victoria Lamb, Myra Little, Hunter Montoya, Sherianne Murphy, Donna Phonsane, Alejandra Ramos, Candice Reel, Jesusantonio Reyes, Neil Schaeffer, Conner Whitten
2015-2016	16	Dana Behl, Breanna Crews, Jennifer Crisman, Jonathan Hoerr, Gabe Holguin, Dustin Kessler, Victoria Lamb, Kelly McCann, Hunter Montoya, Sherianne Murphy, Donna Phonsane, Alejandra Ramos, Candice Reel, Jesusantonio Reyes, Micah Savin, Daniel Sinclair
2014-2015	16	Breanna Crews, Melissa Gary, Marrisalyn Gonzalez, Brett Goudy, Jonathan Hoerr, Gabe Holguin, Teresa Kapphahn, Dustin Kessler, Victoria Lamb; Kelly McCann, Sheina Nielson, Anela Amba-Pascua, Donna Phonsane, Micah Savin, Daniel Sinclair, Jessica Smitherman
2013-2014	10	Brittany Basora, Melissa Gary, Marrisalyn Gonzalez, Michelle Hackbardt, Teresa Kapphahn, Dustin Kessler, Victoria Lamb, Anela Amba-Pascua, Nicholas Roome, Heidi Swanson
2012-2013	15	Jennifer Bachand; Brittany Basora; Grant Brady; Marrisalyn Gonzalez; Michelle Hackbardt; Teresa Kapphahn; Jeffrey Olson; Daniel Rosenberg; Nicholas Roome; Jackie Schroeder; Marlene Strege; Heidi Swanson; Azucena Vazquez; Jonathan Volden; Cassandra Volpe
2011-2012	14	Jennifer Bachand; Brittany Basora; Jessica Edwards; Anna Hood; Alexa Kliebenstein; Ivan Orr; Daniel Rosenberg; Jackie Schroeder; Marlene Strege; Janice Tham; Azucena Vazquez; Jonathan Volden; Cassandra Volpe; Hirra Zahir

2010-2011	11	Emily Alvarez Limas; Richard Brooks; Janet Carillo; Jessica Edwards; Paige Friend; Anna Hood; Octavia Bates Kimball; Eleuterio Limas; Sara Margetta; Felicha Martedi; Janice Tham
2009-2010	9	Sara Bayles, Janet Carrilo; Jessica Edwards; Ricardo Garcia, Anna Hood, Anna Meldau, Ashleigh Shepard, Mae Talicuran, Laura Thode
2008-2009	8	Mae Encarnacion, Paige Friend, Sasha Maddox, Anna Meldau, Christiana Monarez, Rene Potter, Mae Talicuran, Laura Thode

Thesis Supervision

1. Lopez, M. (2024-2026). **Committee chair.** Association between anxiety symptoms and nicotine and cannabis dependence among young adults who use both substances: Mediation by expectancies and moderation by sexual orientation.
2. Shinn, L. (2023-2024). How does NACHO affect nicotine reward, learning, and memory? Committee member.
3. Conway, Z. (2023-2024). The effects of cannabis use on cognitive functioning in young adults. Committee member.
4. Punjabi, P. (2021-2022) Cultural differences in the impact of exposure to sexual violence in the media. Committee member.
5. Derry, D. (2020-2022) **Committee chair.** Cannabis use factors, motives for use, and behavioral health among first- vs. continuing-generation college students.
6. Marez, C. (2019-2024) **Committee chair.** Understanding mental health risk factors and levels of tobacco and cannabis use among college students.
7. Rice, M. (2018-2020). Effects of marijuana use on smokers switching to electronic cigarettes. **Committee chair**
8. Gregorio-Pascual, P. (2017-2018). An experimental examination of the role of the Theory of Planned Behavior constructs in decreasing sugar-sweetened beverage consumption. Committee member.
9. De Bellis, S. (2017-2018). The role of marijuana in the relationship between stress response and working memory. **Committee chair**
10. Holguin, G. (2017-2018). Stress response and cognitive functioning among healthy college-aged students with and without a family history of dementia. **Committee chair**
11. Ridenour, C. (2016-2019). The role of resilience in stress response among Hispanic and non-Hispanic White college students. **Committee chair.**
12. Cuellar, R. (2016-2018). The effects of sleep on stress response among Hispanic and non-Hispanic White college students. **Committee chair.**
13. Chavez, M. (2016-2017). The potential protective role of communal nesting on the behavioral consequences of prenatal infection in mice. Committee member.
14. Maldonado, A. (2015-2016). The role of sociocultural factors on perceived mental health service utilization in women of Mexican-American farmworker families. Committee member
15. Brunner, A. (2015-2016). Differential effects of two mindfulness strategies on pain and distress. Committee member.
16. Preciado, A. (2015-2016). The effects of acculturative stress on maternal anxiety and cortisol levels during pregnancy. Committee member.

17. Wren, G. (2014-2015). Anxiety, emotion knowledge, and emotional reactivity in young children. Committee member.
18. Emami, A. (2014-2015). Effectiveness of a gender-role specific message in improving pain tolerance among non-Hispanic White and Hispanic women. **Committee chair.**
19. Quintero, J. (2012-2015). Humble yourself: Does humility mediate the gratitude-happiness relationship? Committee member.
20. Milner, A. (2011-2013). Disordered eating and romantic relationships: Examining the roles of benevolent sexism and self-objectification. Committee member
21. Passyousofi, M. (2011-2014). Examining Sternberg's Triangular Theory of Love in Pakistanis in Pakistan and the United States. Committee member.
22. Limas, E. F. (2011-2014). The effects of a social norm intervention on smokers' physical distress tolerance and smoking behavior. **Committee chair**
23. Waters, A. (2011-). Positive organizational psychology and small teams. Committee member
24. Limas, E. (2011-2013). Father-child bonds and their effect on quality of adult relationships. Committee member
25. Luna, T. (2010-2013). A computerized voice interactive system for screening depression in Southwest California Indians. Committee member.
26. Gage, C. (2010-2011). Mindfulness, self-actualization, and unconditional self-regard. Committee member.
27. Vogel, M. (2010-2011). Turning fad into fiction: The influence of appearance-based and media-based interventions on tanning attitudes and behaviors. Committee member.
28. Larson, C. (2010-2011). When good optimism goes bad: Unrealistic optimism and effects of event threat. Committee member.
29. Guhlow, E. (2010). Impulsivity and reading comprehension: Examining gender differences and a possible interaction. Committee member.
30. Merchant, G. (2009-2011). Hope and exercise: The integration of hope theory into the trans-theoretical model. **Committee chair**
31. Smith, M. (2008-2011). Role of glutamate release in the behavioral effects of ketamine and phencyclidine. Committee member.
32. Pandzic, I. (2008-2011). The moderating role of fatigue on the relationship between optimism and distress among college students. **Committee chair**

Master of Public Health thesis or capstone member

Nordskog, A.B. (October, 2025). Nicotine pouch perception among college students.

Jimenez, V. (December, 2020). Do mental health programs in middle school increase the students' academic status and aide with their emotional health problems and social skills: a systematic literature review

Patel, D. M. & Desai, K. G. (May, 2020). Factors influencing the use of e-cigarettes among adolescents and young adults.

Reyes, A. N. (December, 2019). Biomarkers as a confirmatory diagnostic tool for Sjögren's Syndrome

Dissertation reader

Laura Thode (Clinical Psychology PhD, Alliant University), Heart rate variability biofeedback as an ancillary treatment for depression in Latinos. Defended 12/2/19.

Student Scholarship

2025	Milly Lopez	Dr. Norma Baer Maderazo Memorial Scholarship
2025	Milly Lopez	CSUSM CSTEM Summer Scholars Program Outstanding Research Mentor Award
2025	Lesly Garcia	CSU Minority Health and Health Disparities Research Training Summer Program
2025	Milly Lopez	CSUSM Student Research Symposium Semi-Finalist
2024	Milly Lopez	McNair Fellowship; Bridges to Doctorate Fellowship (NIH/NIGMS)
2024	Milly Lopez	TRIO SSS Senior Excellence Award
2024	Karissa Tran	Megan O'Brien Memorial Award for Leadership Excellence in Research, CSUSM
2024	Abigail Nordskog	Best Presentation Quality, CSUSM Psychology Research Conference
2024	Kai Orozco	NIDA Summer Research Internship Program
2024	Jessica Orea	CSU Student Research Competition First Place, Behavioral, Social Sciences & Public Administration (graduate)
2024	Milly Lopez	CSUSM Student Research Symposium Finalist
2024	Jessica Orea	CSUSM Student Research Symposium Finalist
2024	Kai Orozco	CSUSM Student Research Symposium Semi-Finalist
2024	Aryanna Alarcon	CSUSM Student Research Symposium Semi-Finalist
2023	Karissa Tran	Superior Achievement and Excellence in Poster Presentation, West Coast Biological Sciences Undergraduate Research Conference
2023	Karissa Tran	NIH Summer Internship in Biomedical Research, NCI
2023	Karissa Tran	CSUSM Student Research Symposium Finalist
2022	Devin Ghidella	Tobacco Related Disease Research Program Smoke and Vape Free Scholar
2022	Miranda Medina	McNair Fellowship; URISE Fellowship
2020	Crystal Marez	Tobacco Related Disease Research Program Student Supplement Trainee
2019	Daniell Derry	McNair Fellowship
2019	Myra Rice	Tobacco Related Disease Research Program Student Supplement Trainee

2018	Varavit Chinnapong	CSUSM CHABSS Academic Achievement in Research Award (Inaugural)
2018	Myra Rice	NIH Summer Internship in Biomedical Research, NIDA
2018	Myra Rice	Outstanding Poster, Summer Student Poster Day, National Institute of Drug Abuse
2017	Conner Whitten	Research Initiative for Scientific Enhancement (RISE) Graduate Fellowship (NIH/NIGMS)
2017	Conner Whitten	Society for Advancement of Chicanos and Native Americans (SACNAS) Travel Scholarship
2017	Conner Whitten	NIH Neuroscience Program Summer Scholar
2017	Conner Whitten	Exceptional Summer Student Award, National Institute of Neurological Disorders and Stroke
2017	Varavit Chinnapong	Society for Advancement of Chicanos and Native Americans (SACNAS) Travel Scholarship
2016	Micah Savin	Oklahoma Tobacco Research Center Summer Scholar Research Excellence Award
2016	Micah Savin	CSUSM Student Research Competition Finalist
2016	Jonathan Hoerr	CSUSM Student Research Competition Finalist
2016	Ashley Emami	Western Psychological Association, Division 52/International Psychology, First Place in Student Poster Competition
2016	Micah Savin	Sally Casanova Scholarship Award
2016	Gabe Holguin	Research Initiative for Scientific Enhancement (RISE) Graduate Fellowship (NIH/NIGMS)
2015	Micah Savin	Oklahoma Tobacco Research Center Summer Scholar Research Excellence Award
2015	Sheina Nilsen	Western Psychological Foundation Student Scholarship Award – outstanding paper at WPA
2014	Michelle Hackbardt	Psychology Department Award, Outstanding Graduate
2013	Eleuterio Limas	Hein Family Fellowship
2012	Anna Hood	CHABSS Dean's Award Recipient
2012	Gina Merchant	Chancellor's Doctoral Incentive Program Mini-Grant Recipient
2011	Anna Hood	CSUSM Student Research Competition Finalist
2011	Eleuterio Limas	CSUSM Student Research Competition Finalist
2011	Gina Merchant	CSUSM Student Research Competition Finalist
2011	Gina Merchant	CoAS Graduate Dean's Award Recipient
2011	Gina Merchant	Chancellor's Doctoral Incentive Program Recipient
2010	Gina Merchant	California Pre-doctoral Scholarship, Honorable Mention
2009	Ines Pandzic	California Pre-doctoral Scholarship, Honorable Mention

Previous Teaching Experience

Year	Course/University/#semesters	Enroll.	Role
2006	Abnormal Psychology/Cal State San Marcos/1	45	Instructor
1997-1999; 2004-2005	Independent Study/University of Kansas/4	4	Instructor
2004	Personality/University of Kansas/1	20	Instructor
2001	Personality/University of Kansas/1	30	Instructor
2001	Introduction to Psychology/University of Kansas/2	1,000	TA
2000	Abnormal Psychology/University of Kansas/1	300	TA
1999	Individual Differences/University of Kansas/1	150	TA
1997-1999	Strategic Tutor/University of Kansas	Individual instruction	
1996-1997	General Psychology/Midwestern State University/2	35	Instructor

SERVICE

Department

2018-present

Strategic Planning and Resource Development

- Guided negotiation and communication around a new proposed clinical master’s program with administration (2023)
- Led discussion of communication and implementation plan for CHAD major change (2023)
- Spearheaded overhaul of 12 years of department storage across multiple locations and coordinated redesign of department suite (2023)
- Created procedure for sponsoring background checks for required class and identifying eligible students (2023)
- Contributed to restructuring department jobs for more transparent and equitable work assignments (2023)
- Led strategic planning and resource deployment for department Student Success Funding (2022-2023)
- Led planning, resource development, and implementation of equipment upgrade for a shared department lab space (2022-2023)
- Led planning and resource development for the redesign and renovation of a shared department lab space (2022-2023)
- Created infrastructure for publicizing faculty and student accomplishment and steer communications through CHABSS newsletter and Psychology social media (2021-2022)
- Created and deployed instrument to department faculty teaching lab classes to understand barriers to student success in their classes; analyzed data and contributed to department-level actions to meet identified needs (2020-2021)

- Created infrastructure to support program evaluation for the PSYC and CHAD majors by developing and implementing an ongoing survey of graduating seniors and alumni (2018)

2020-2023

Child and Adolescent Development (CHAD) Program Director

- Provided visioning and leadership for the CHAD program centered on program delivery, student and faculty success, and continual improvement
- Managed curriculum development and approvals for multiple courses and led a major redesign of the curriculum through a successful approval process
- Coordinated CHAD Program Assessment activities including first external review in program history
- Identified, hired, and supported lecturer faculty to teach CHAD courses
- Evaluated lecturer CHAD faculty
- Oversight of academic coordinator (as of 2022) which includes fiscal responsibility for eight faculty members, three department funds (student success, extended learning, foundation), CHAD faculty searches, and ISA contracts
- Maintained IRB approval for CHAD 496 work with children at the Center for Children and Families (CCF)
- Managed compliance with background checks and documentation of immunizations for CHAD 496
- Led student advising and orientations
- Ongoing communication with majors through email, website updates, and flyers
- Addressed ongoing student problems and needs
- Resource development for shared research space
- Assisted with academic scheduling

2020-2023

Center for Children and Families (CCF) Liaison

- Coordinated use of the CCF for observation, assessment, and research for CSUSM academic programs
- Created spreadsheet to track and optimize utilization of the CCF for academic programs
- Developed infrastructure for remote observation for CSUSM and provided outreach to academic programs to make this new opportunity available
- Coordinated use of the CCF Multipurpose Room for academic and campus programs

2015-present

Policy and Procedure Development

- Created outstanding master’s thesis award nomination, selection, and evaluation criteria and procedure incorporating multiple levels of feedback from stakeholders (2023)
- Developed and implemented department policy and procedure on excess indirect cost utilization
- Contributed to the development of a new department policy and procedure for tenure track faculty search

2015-present

Tenure Track Faculty Member Search Committee

- Committee Member (Clinical/Counseling Psychology), 2025
- Committee Member (Industrial/Organizational Psychology), 2024
- Committee Member (Social Psychology), 2024
- Committee Member (Child and Adolescent Development), 2022
- Committee Chair (Clinical), 2018
- Committee Member (Quantitative), 2016
- Committee Chair (Clinical), 2015

2015-present

Peer Review Committee (PRC)

- Tenure-track Faculty PRC
 - 2024-2025: 4 (2 chair in Fall)
 - 2023-2024: 4 (2 chair)
 - 2022-2023: 12
 - 2021-2022: 11
 - 2020-2021: 9
 - 2019-2020: 8
 - 2017-2018: 3 (1 chair)
 - 2015-2016: 4
- Lecturer Faculty PRC
 - 2017-2018: 6 (2 chair)
 - 2016-2017: 2 (1 chair)
 - 2015-2016: 2 (1 chair)

2008- present

Committee Work

- Indirect Cost Committee (2018-present)
- Budget Committee (2021-2023)
- Faculty and Student Affairs Chair (2017-2021)
- Graduate Program Assessment Committee (2016-2018)
- GA/TA Standing Committee (2008-2010)

2008- 2014

Lecturer Coordinator

- Lead Lecturer Coordinator (2011-2014) – coordinated orientation and evaluation of 30+ adjunct faculty
- Assistant Lecturer Coordinator (2008-2011)

2008-present

Routine Service

- Mentorship to pre-tenure faculty
- Psychology Major outreach events
- Psychology Major Transfer Orientation
- Peer evaluator for classroom observations; at least one peer observation and report written each semester
- Participant in tenure track faculty searches; attend and evaluate job talks and meet with all candidates
- Provide advising to students interest in clinical, counseling, and public health fields
- Provide letters of recommendation to students applying to graduate school; approximately 12 students per year
- Contributed to external review of Bachelor's and Master's programs (2015)
- Annual address in *PSYC 600: Contemporary Issues in Psychology*
- Regular rotation member for meeting minutes
- Website maintenance for department homepage (2008-2012)

College

2018-2019

Faculty Development Committee Chair

2017-2018

Faculty Development Committee member

2011-2013

Faculty Development Committee member

2009

CoAS Faculty Reinstatement Committee member

University

2020-present

Peer Review Committee

- Tenure track PRC member
 - 2022-2023: 1 (Kinesiology)
 - 2021-2022: 1 (Public Health)
 - 2020-2021: 1 (Public Health)
 -
- Lecturer or Staff PRC member
 - 2021-2022: 2 (Public Health; Student Health and Counseling Services)

2016-present

Search Committee Membership

- Search Committee for the Dean of Graduate Studies & Research (2021-2022)
- Tenure Track Search Committee; Master of Public Health; Global Health Program (2016-2017); 30 applicants

2009-present

Steering or Advisory Work

- CSUSM Internship Council (2024-present)
- CSUSM Board of Directors (2024-present)
- Sponsored Projects Committee (2022-present)
- Child Care Services Task Force (2020-2021)
- Health Disparities and Behavioral Health Research Work Group Coordinator (Fall 2017-2019)
- Master of Public Health Advisory Board Member (2016-present)
- Master of Public Health Capstone Project Informant
Aligning CSUSM with Healthy Campus 2020 Objectives (Fall 2017)
- *Developing a Public Health Research Center at California State University San Marcos* (Fall 2017)
- Training Advisory Committee Member, Minority Health and Health Disparities Research Training Program (MHRT) for the Los Angeles Basin
- Smoke and Tobacco-Free Campus Policy Task Force Implementation Lead (2015-2020)
- Academic Senator (2009-2013)
- Veterans and Active Duty Educational Steering Committee member (2009-2011)

2009-present

Mentorship

- Psychology Department Junior Faculty Mentor (2019-present). 4 mentees
- Safety, Risk, and Sustainability Services, Smoke and Tobacco Free Campus Internship Mentor (Fall 2017)
- Safety, Risk, and Sustainability Services, Smoke and Tobacco Free Campus Service Learning Project Faculty Mentor (Spring 2017)
- American Psychological Association Summer Undergraduate Research Opportunity (2017, 2016)
- CA Native American Research Center for Health (NARCH) (2016-present)
- Faculty Connections Member (2011-2015)
- Center for Training, Research, and Educational Excellence/Office for Training, Research, and Education in the Sciences (2009-present)
- Faculty Mentor, Mentoring Program (2009-2013)

Scientific and/or Community

2015-present

Invited Reviewer

- NIH Special Emphasis Panel for 2021/05 ZDA1 YXF-U (05) R: Interventions to Prevent Electronic Nicotine Delivery Systems (ENDS) Use Among Adolescents (R01 - Clinical Trial Optional), March 2021 - withdrew

- NIH Special Emphasis Panel for 2021/01 ZRG1 RPHB-N (56) R PAR Panel: U.S. Tobacco Control Policies to Reduce Health Disparities, November 2020
- NIH Special Emphasis Panel for ZRG1 RPHB-V (02) M, Interventions and Mechanisms for Addiction R01/R21/R34/K01/K23, June 2018
- NIH Special Emphasis Panel for PAR: Electronic Nicotine Delivery Systems (ENDS): Population, Clinical and Applied Prevention Research R01/R21, March 2018
- Society for Research on Nicotine and Tobacco Travel Scholarship to Increase Diversity, SRNT Health Disparities Network, 2016
- NIH Tobacco Regularly Science Small Grant Program for New Investigator (R03) Study Section, 2015

2015-present

Community Program Evaluation

- Pala Tobacco Program, (California Department of Public Health); 2020-present
- College Tobacco Program, California Youth Advocacy Network (California Department of Public Health, Contract #14-10013), 2017-2018
- The Dads’ Club, Vista Community Clinic (HHS-2015-ACF-OFA-FK-0993), 2015-2020
- Project REACH, Vista Community Clinic, 2015-2018

2014-present

Program Development

- Planner and Coordinator of Office of Graduate Studies and Research Scholar Visit, Fall 2017
 - Seminar: Health Equity – A Case Study of Smoking Cessation in African Americans
 - Small Faculty Group – Trajectories for Academic Success
- Contributor to Rancho Buena Vista High School Wellness Program, 2014-2016
- Society for Research on Nicotine and Tobacco Disparities Network Program Workgroup member , 2014

2009

Student Research Competition Judge, California State University San Marcos

2007-present

Invited Speaker

Psychology Research Demonstration
 AP Psychology Class, Pacific Ridge School, 2025

UC-CSU Tobacco Tracker: Integrating smoke and tobacco free policy outreach into campus infrastructure. California Higher Education Collaborative (CHEC) Conference webinar, 2021

How You Can Create Smoke-free Air in San Marcos, Panel; Power Hour with Vista Community Clinic, 2021

Implementation and compliance of smoke and tobacco-free college policy. Smoke/Tobacco-Free College and University Workshop Series; California Youth Advocacy Network webinar; 2021

Innovative strategies for increasing smoke and tobacco-free policy compliance on college campuses. California Youth Advocacy Network webinar, 2020.

Are electronic cigarettes a viable risk reduction strategy for smokers? CSUSM Psychology Department Speaker Series, 2018

Smoking risk reduction and tobacco regulatory research. CSUSM Sponsored Projects Committee, 2018

Smoke and tobacco-free policies: Ensuring success. CSU Panelist California Higher Education Collaborative (CHEC) Conference, 2017

Clinical psychology and addiction
CSUSM chapter Psi Chi and Psychology Student Organization (PSO), 2012

Positive traits and distress tolerance
Positive Psychology class, California State University San Marcos, 2011

How to quit smoking: Help for smokers and loved ones
Because I Care Resource Fair, San Marcos Senior Center, San Marcos, CA, 2010

Clinical health psychology lab opportunities
OBRT Bridges Program Luncheon, 2010

Maintaining hope in the face of stress
Because I Care Resource Fair, San Marcos Senior Center, San Marcos, CA, 2009

Sex addiction: Not so addicted to love
Student Health and Counseling Services, California State University San Marcos, 2009

Understanding the link between addiction and distress tolerance and creating novel interventions
Office for Biomedical Research and Training (OBRT) Seminar Series,
California State University San Marcos, 2009

Chronic disease epidemiology, risk factor I: Smoking
San Diego State University, 2008

Role of research in clinical psychology graduate study admission
Psi Chi/PSO, California State University San Marcos, 2008

2005-present

Invited Journal Reviewer

Addiction

Journal of Youth and Adolescence

Health Promotion & Practice

Journal of the National Medical Association

Health Education & Behavior

Health Promotion International

International Journal for the Psychology of Religion

Journal of Clinical Psychology

Population Health Metrics

Nicotine and Tobacco Research

American Journal of Preventive Medicine

Psychology of Addictive Behaviors

Journal of Clinical Psychiatry

Contemporary Clinical Trials

Drug and Alcohol Dependence

Public Health Reports

2004-present

Invited Abstract Reviewer

- Society for Research on Nicotine and Tobacco Conference (2010; 2016; 2020)
- Society of Behavioral Medicine Annual Conference, Psychological and Personal Factors in Health, Behavior Change, and Illness Track (2004-2005)

Clinical

2013-2017

Psychiatric Diagnostician Supervisor, DSM-IV TR
California State University San Marcos

2012-2013

Psychiatric Diagnostician, DSM-IV TR
California State University San Marcos

2005-2006

Pre-doctoral Intern (APA Approved)
Dwight D. Eisenhower VA Medical Center, Leavenworth, KS

2001-2004

Motivational Interviewing Counselor

2001-2002 *University of Kansas Medical Center, Kansas City, KS*
Clinical Health Intern, Pediatrics, Palliative Care, Rehabilitation Units
University of Kansas Medical Center, Kansas City, KS

2000-2002 Therapist and Assessment Technician
University of Kansas Psychological Clinic, Lawrence, KS

1997 Therapist and Assessment Technician
Clinics of North Texas, Psychiatry, Wichita Falls, TX

1996 Therapist and Assessment Technician
*Helen Farabee Center, Mental Health and Mental Retardation Child
and Adolescent Unit, Wichita Falls, TX*